

Lab 1.1. WINDOWS 7 INSTALL – MIGRATE – UPGRADE

I. GIỚI THIỆU

Bài lab triển khai:

- Cài đặt mới (clean installation) Windows 7.
- Chuyển dữ liệu người dùng từ một máy Windows 7 sang một máy Windows 7 khác.
- Nâng cấp một máy Windows Vista Ultimate Service Pack 1 thành một máy Windows 7 và giữ nguyên mọi thông tin hiện có.

Các bước thực hiện:

- A. Cài đặt mới: Thực hiện trên máy chưa có hệ điều hành, dùng đĩa DVD source Windows 7.
- B. Chuyển dữ liệu người dùng: Thực hiện trên máy Windows 7 vừa cài đặt xong ở phần A
- C. Nâng cấp: Thực hiện trên một máy Windows Vista Ultimate Service Pack 1, dùng đĩa DVD source Windows 7.

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II. THỰC HIỆN

A. Cài đặt Windows 7

- Khởi động máy tính bằng DVD Windows 7
- Chọn ngôn ngữ sử dụng: **English** → Next

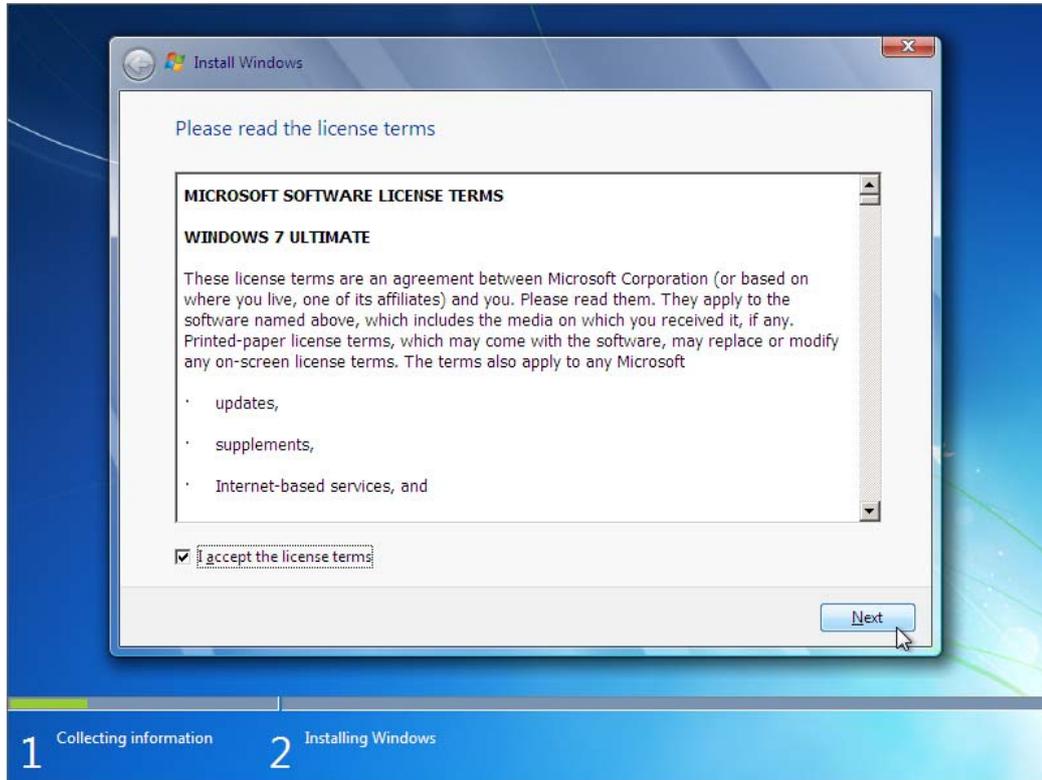


- Chọn Install now

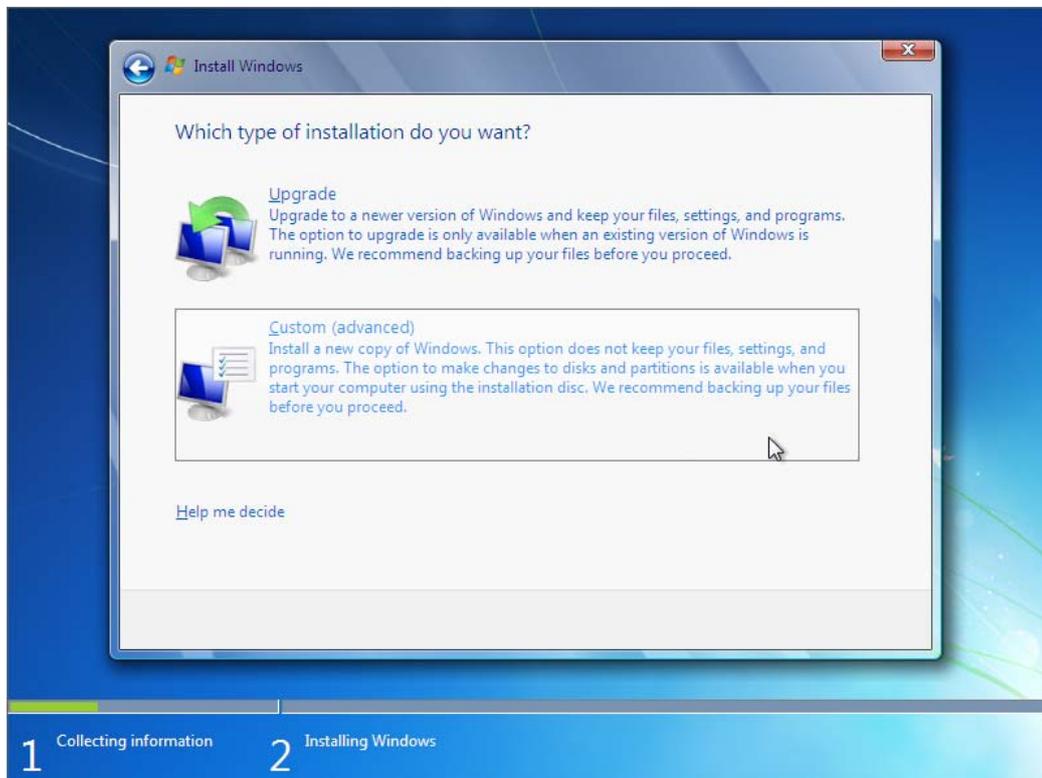


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- Chọn I accept the license terms → Next

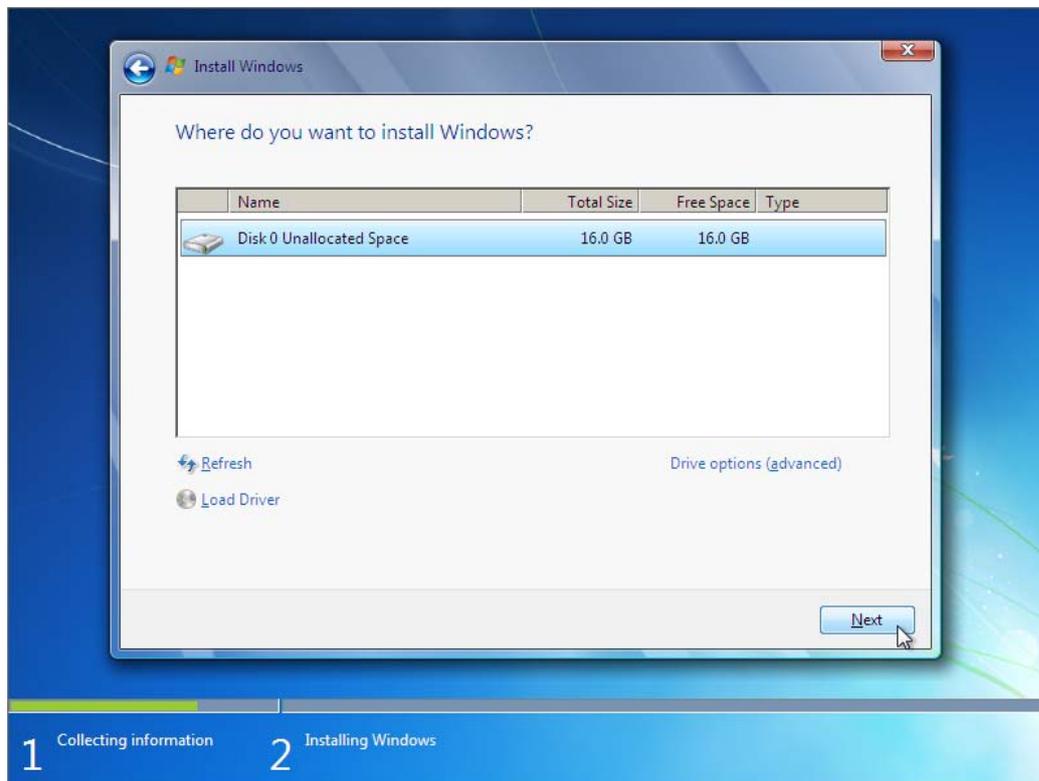


- Chọn Custom (Advanced)



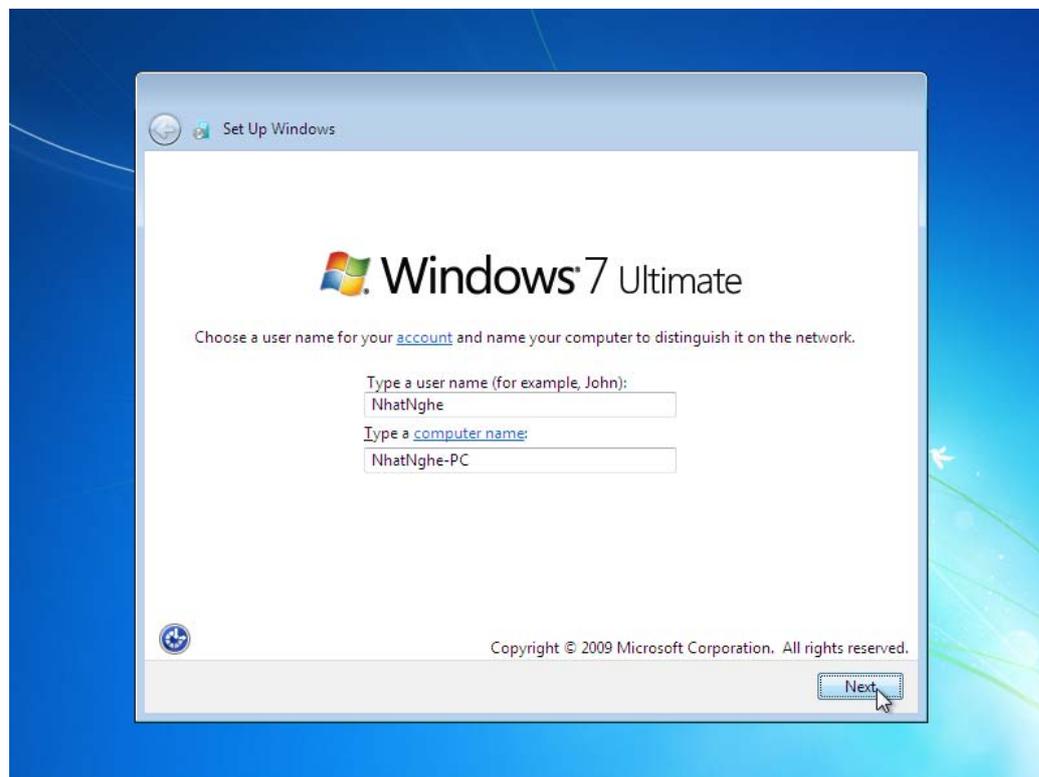
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- Chọn phân vùng muốn cài đặt → Next



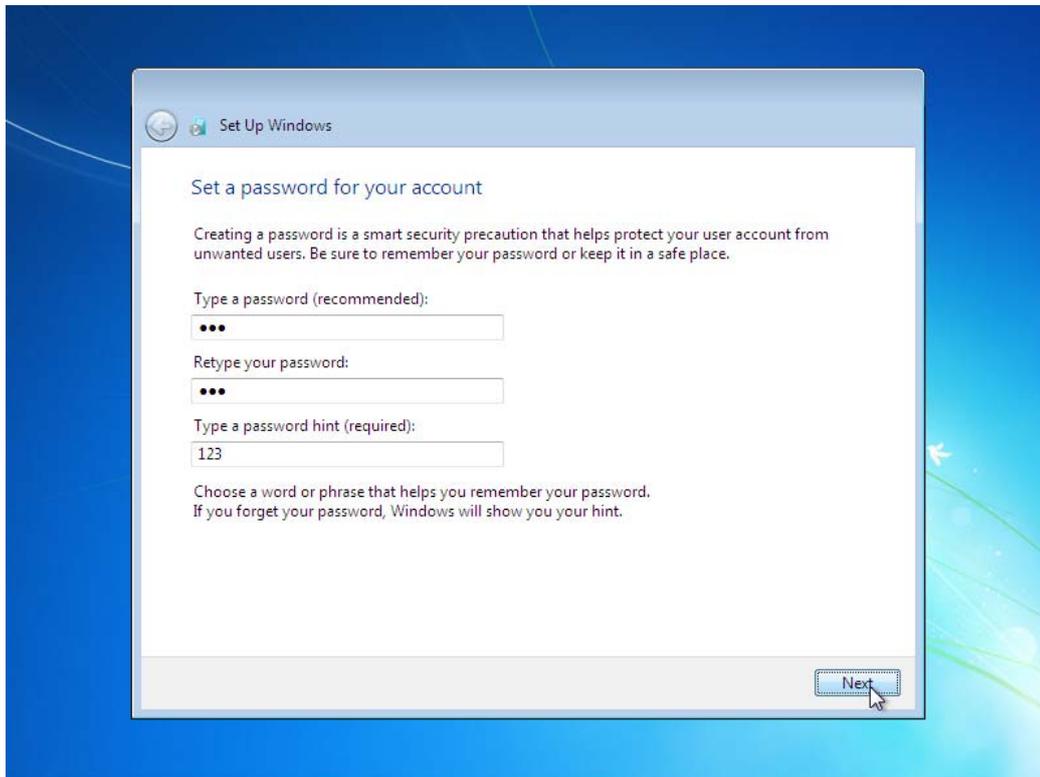
- Quá trình cài đặt bắt đầu

- Nhập user name (vd: **NhatNghe**) và tên máy tính (Vd: **NhatNghe-PC**) → Next

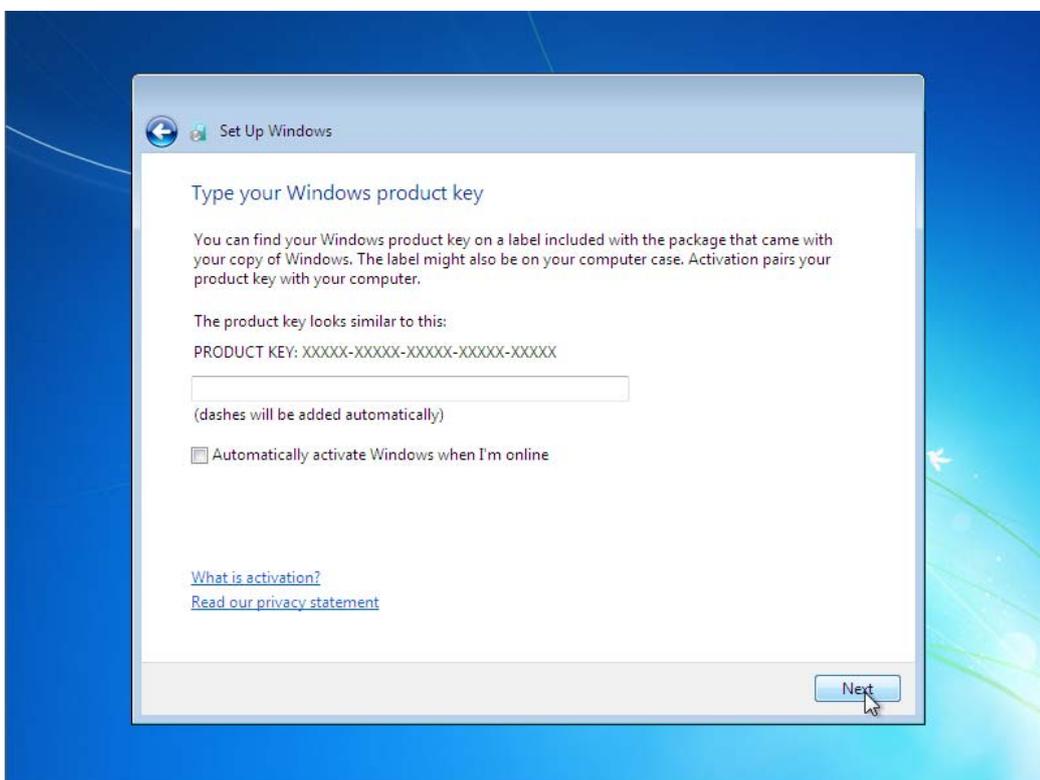


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- Đặt password: (Vd: 123) → Next

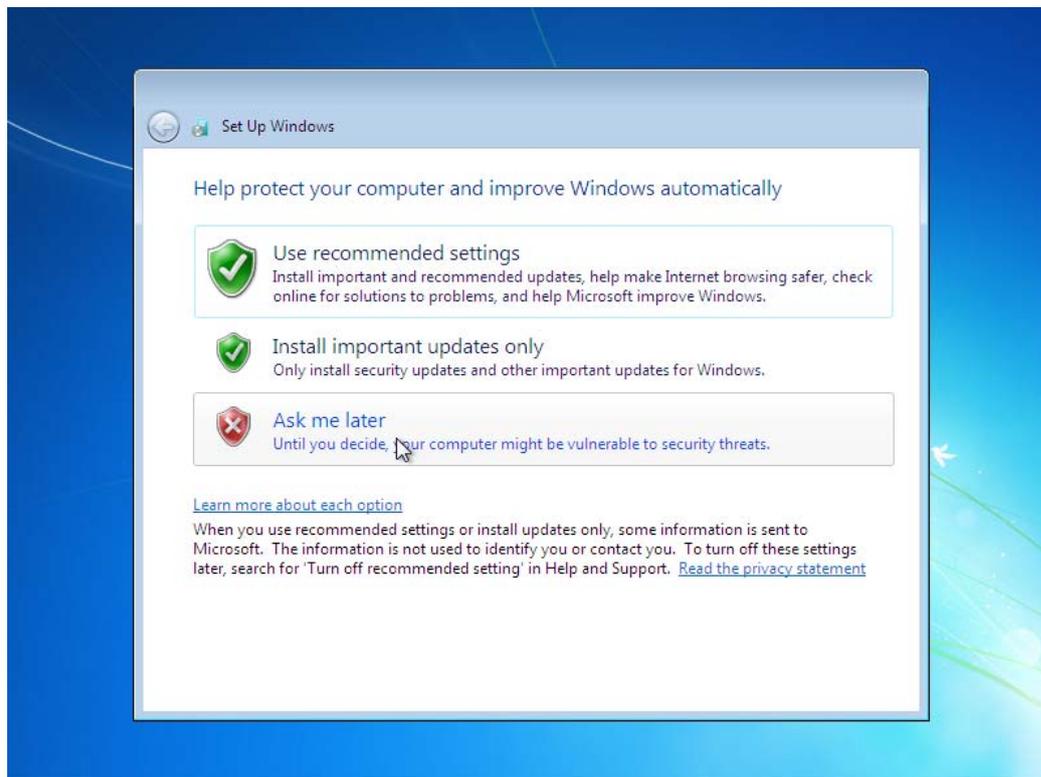


- Bỏ dấu chọn Automatically Activate Windows When I'm Online check box → Next

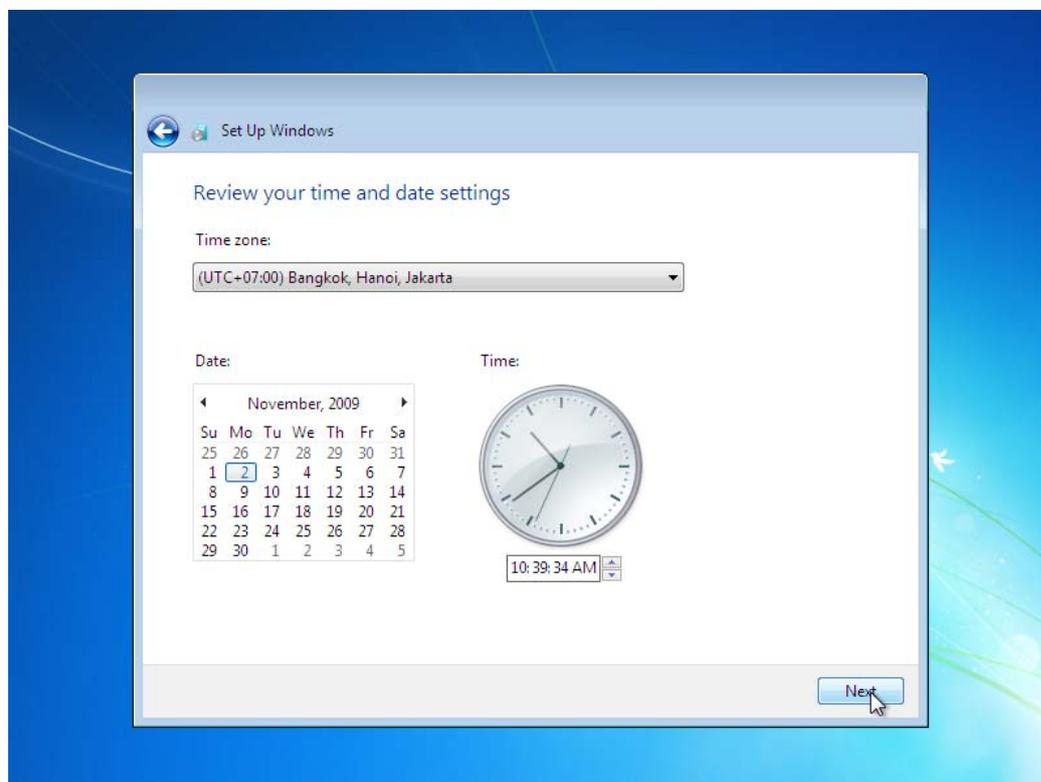


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- Chọn Ask me later

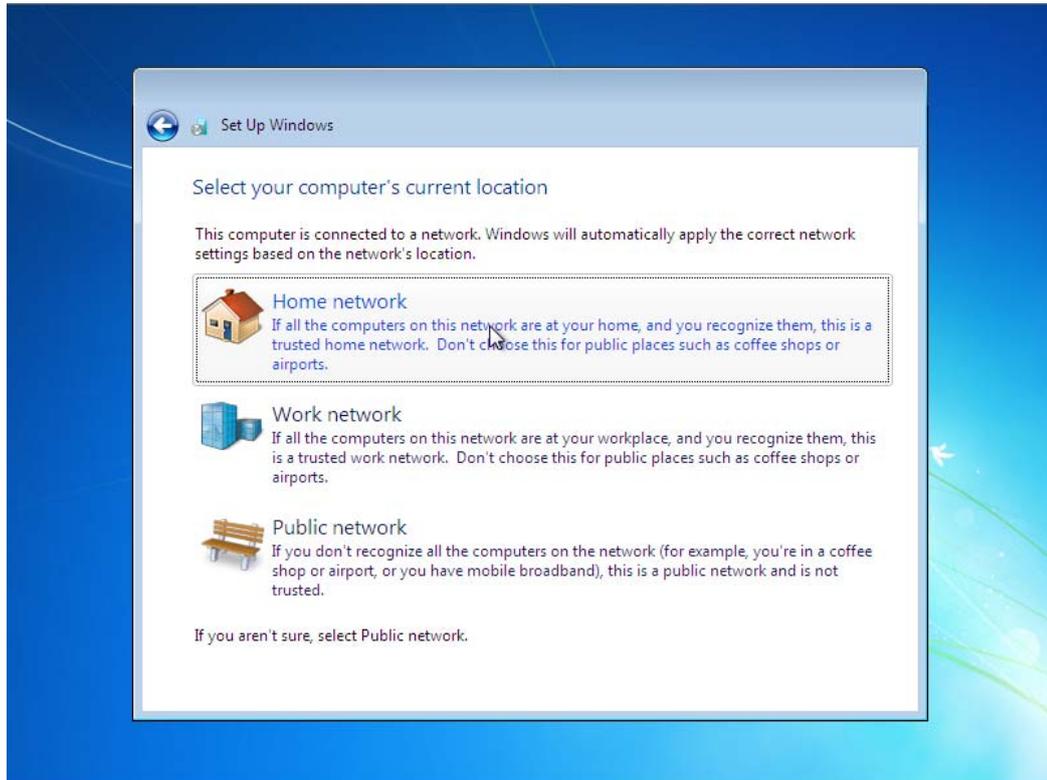


- Khai báo time zone : (UTC +7:00) Bangkok, Hanoi, Jakarta → Next

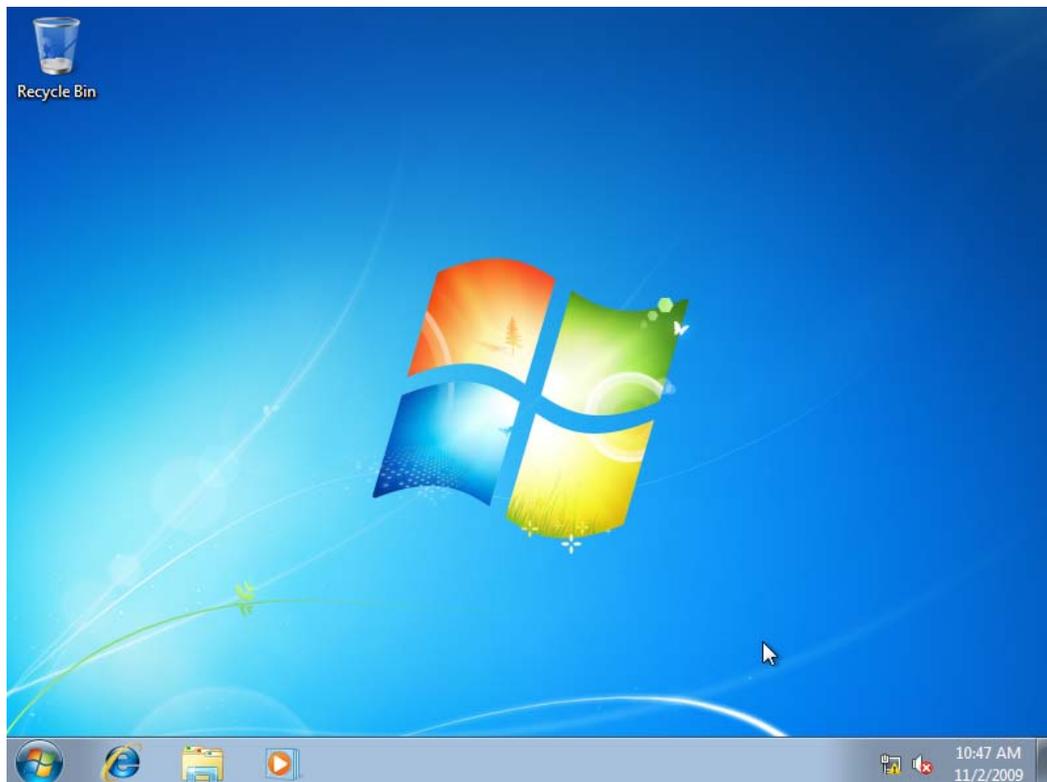


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- Chọn Home network



- Cài đặt hoàn tất

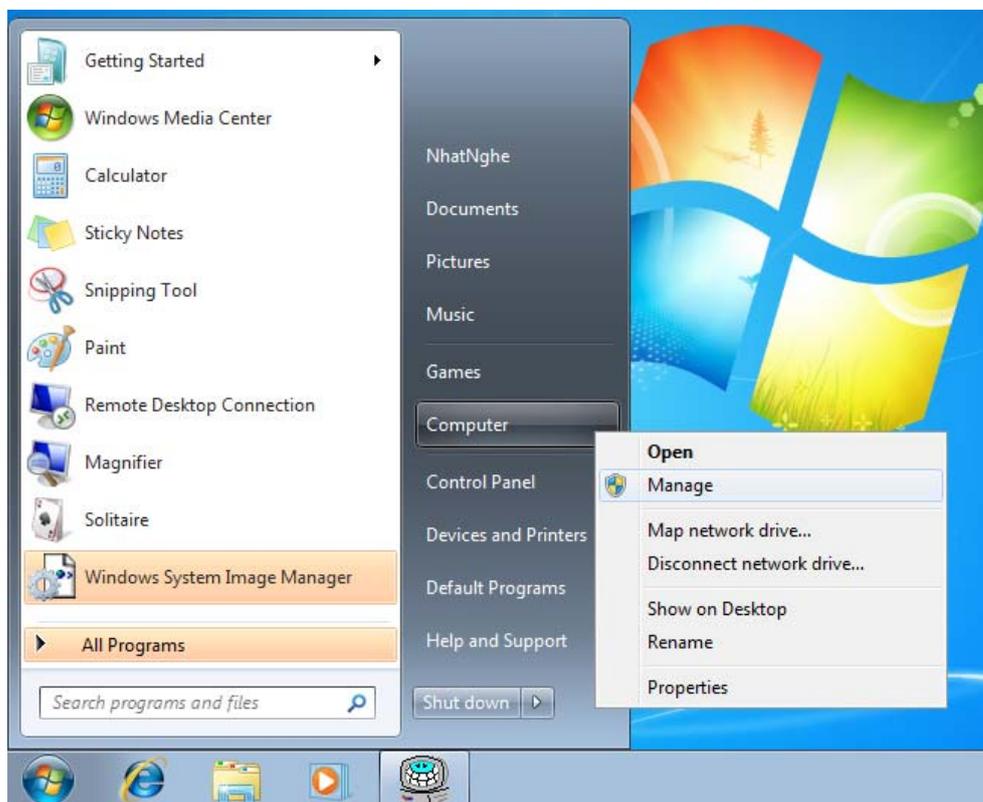


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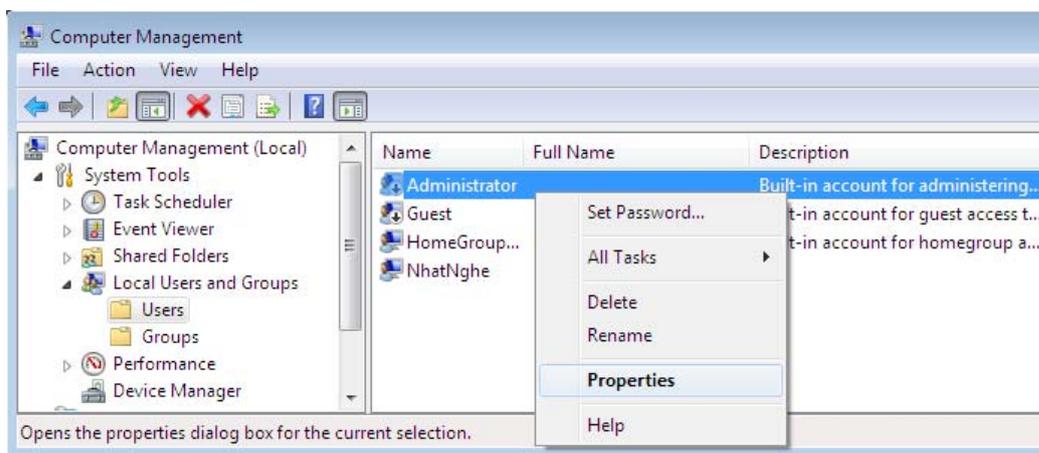
B. Migrating User Data bằng Windows Easy Transfer

1. Tạo user NhatNghe2

- Log on bằng user **NhatNghe**
- Start → click phải Computer → Manage

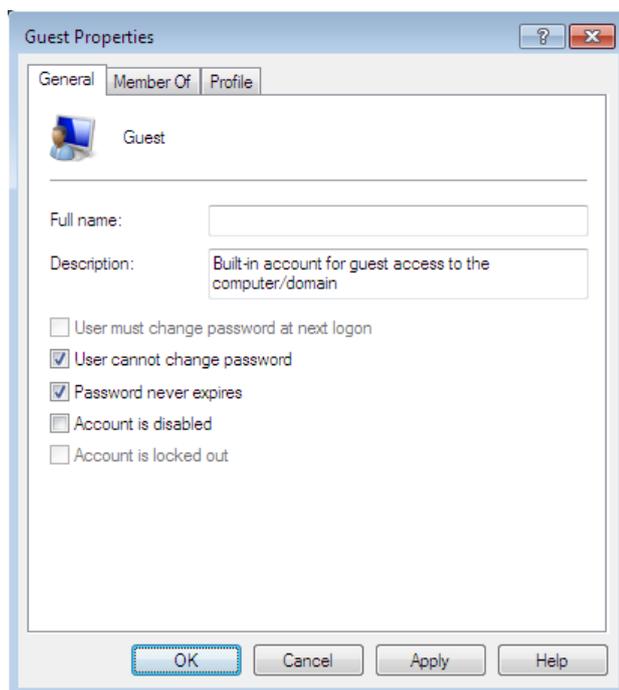


- Computer Management → System Tools → Local Users and Groups → Users → click phải Administrator → Properties

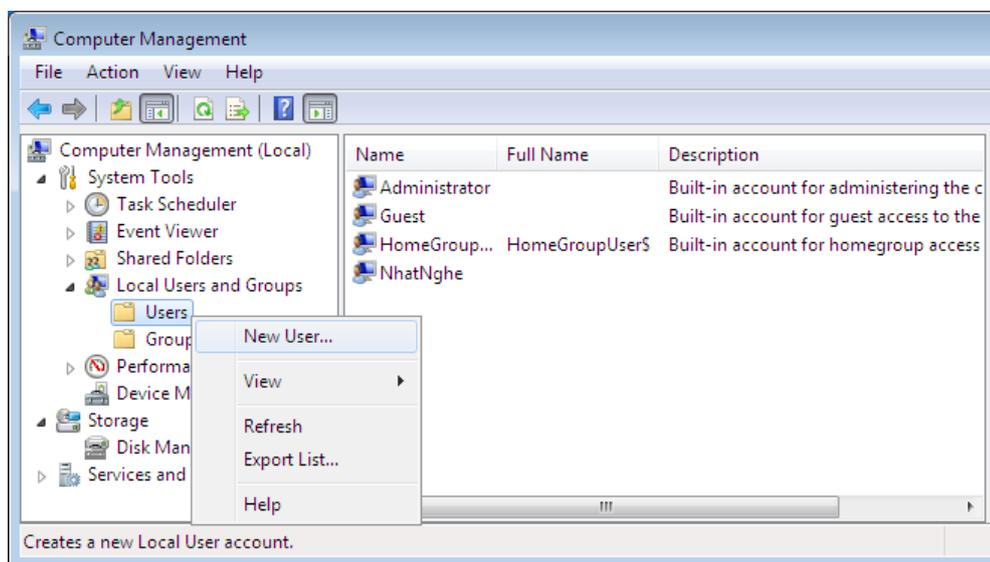


<http://www.nhatnghe.com/forum>

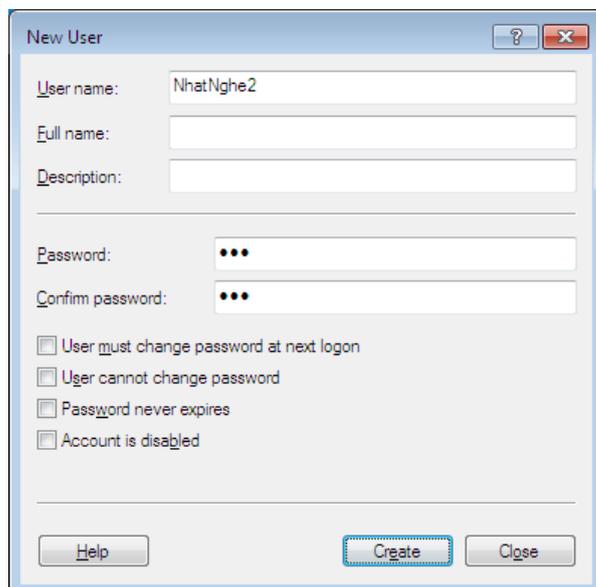
- Bỏ dấu chọn **Account is disable** → OK



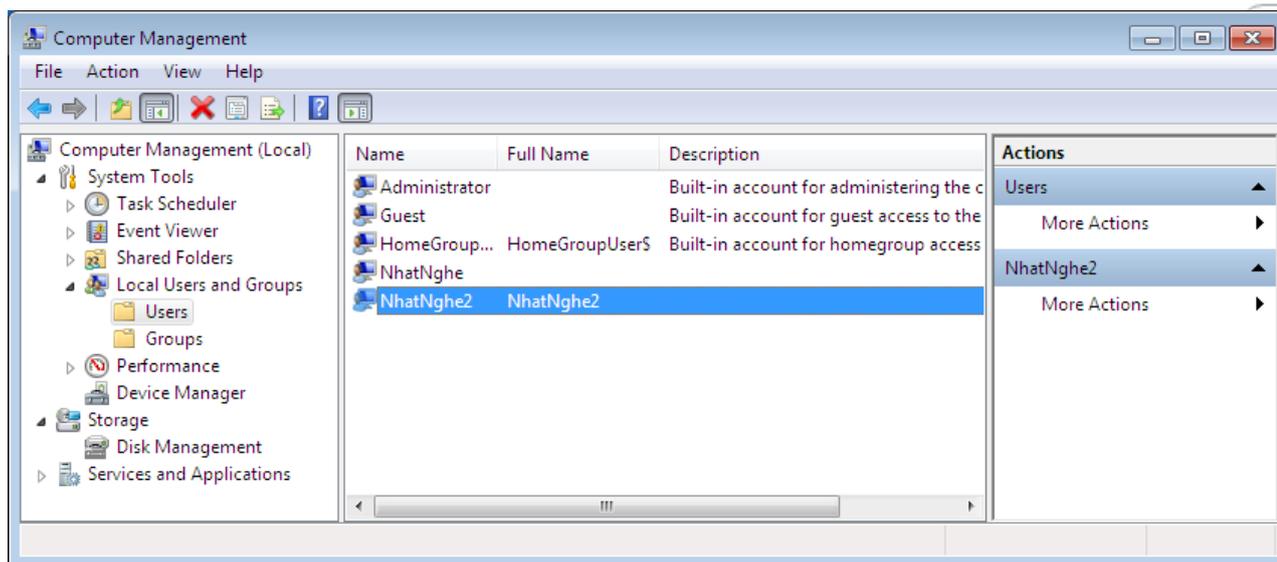
- Đóng Computer Management → Log off → Log on Administrator
- Start → click phải Computer → Manage
- Computer Management → System Tools → Local Users and Groups → Users → Click phải Users → New User



- Nhập user name: **NhatNghe2**, password và confirm: **123**, bỏ dấu chọn **User must change password at next logon** → Create → Close



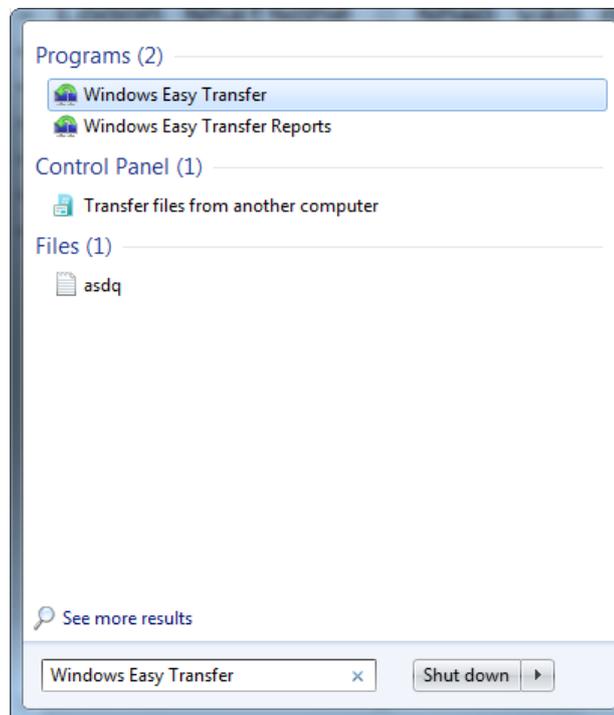
- Kết quả



- Log on account **NhatNghe2** → tạo 1 file bất kỳ trên desktop

2. Lưu user data

- Log on **NhatNghe**
- Click Start → Nhập vào ô Search: **Windows Easy Transfer** → Enter

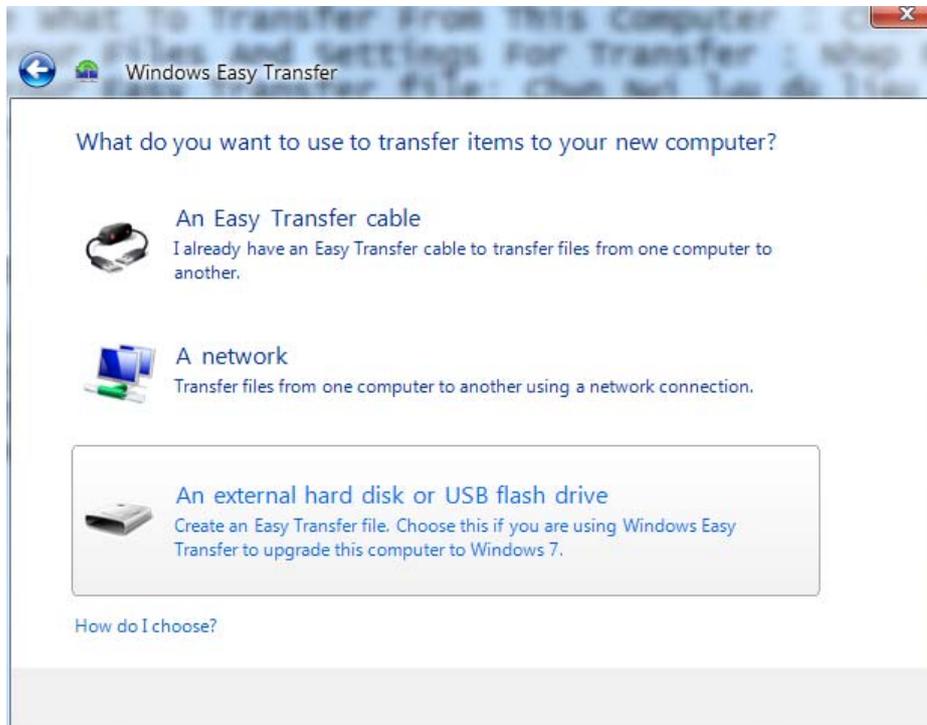


- Hộp thoại Welcome To Windows Easy Transfer → Next

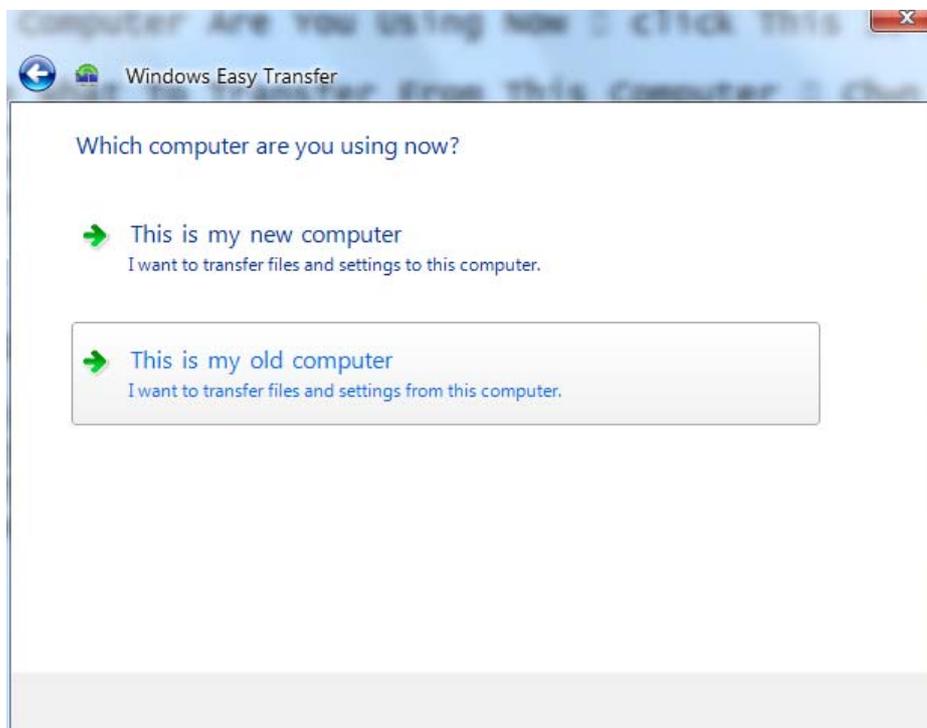


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- Hộp thoại What Do You Want To Use To Transfer Items To Your New Computer? → Chọn An External Hard Disk Or USB Flash Drive.

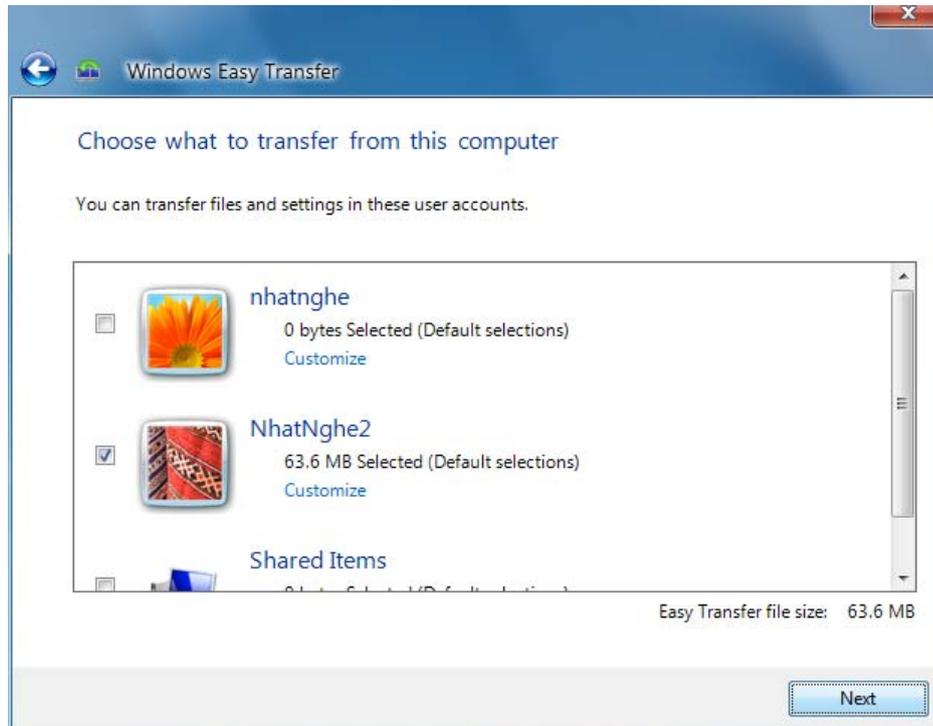


- Hộp thoại Which Computer Are You Using Now → chọn This Is My Old Computer

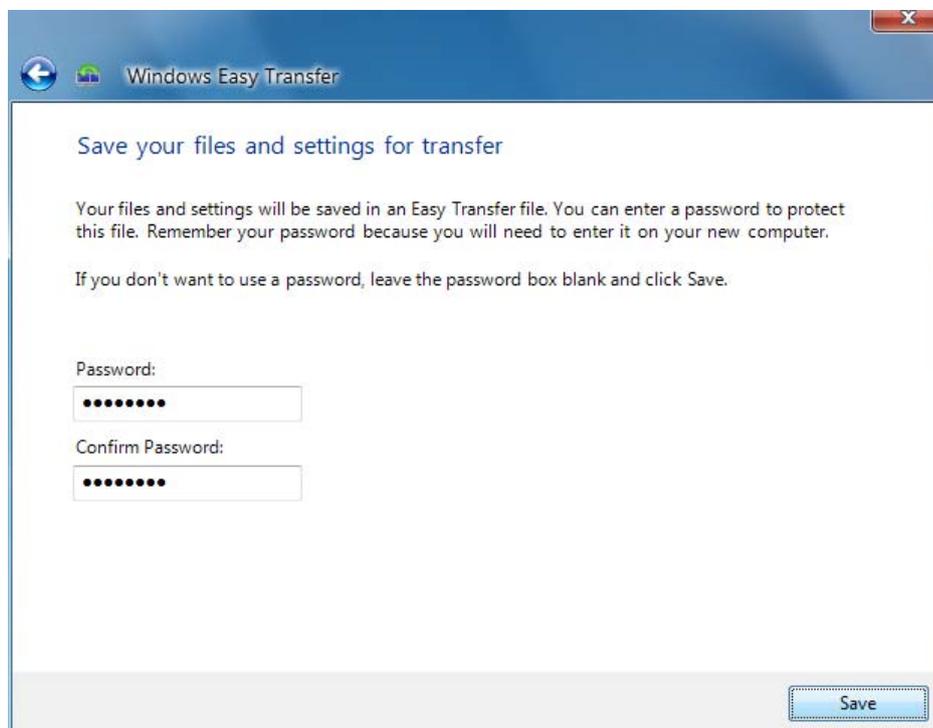


<http://www.NhatNghe.com/forum>

- Hộp thoại Choose What To Transfer From This Computer → Chọn account **NhatNghe2** → Next

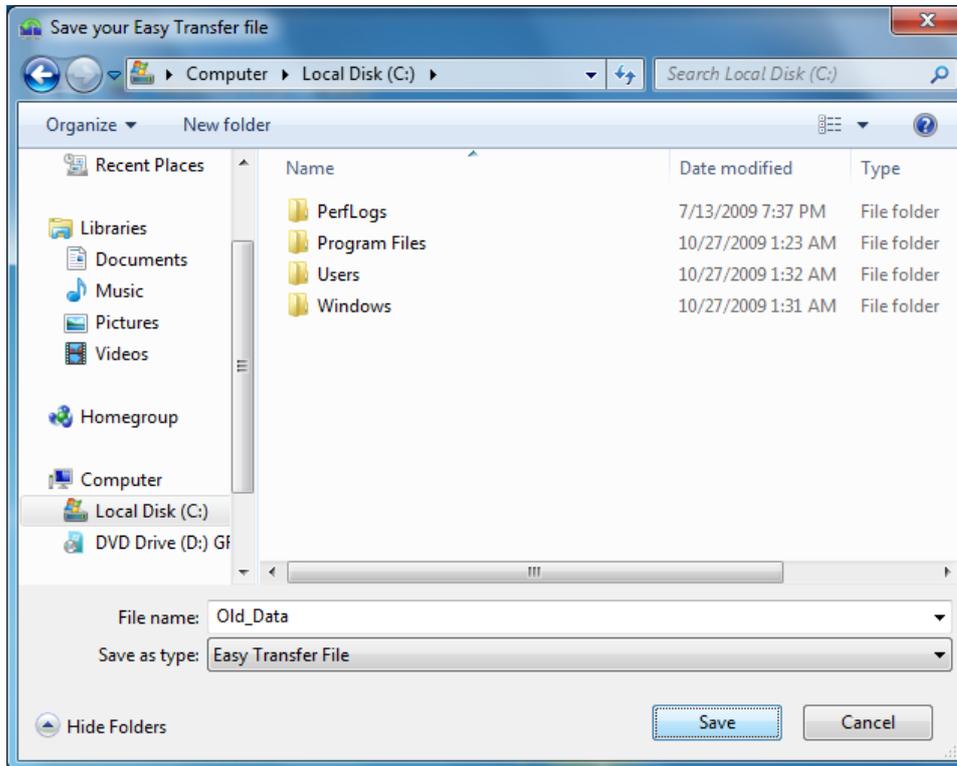


- Hộp thoại Save Your Files And Settings For Transfer : Nhập **P@ssword** → Save

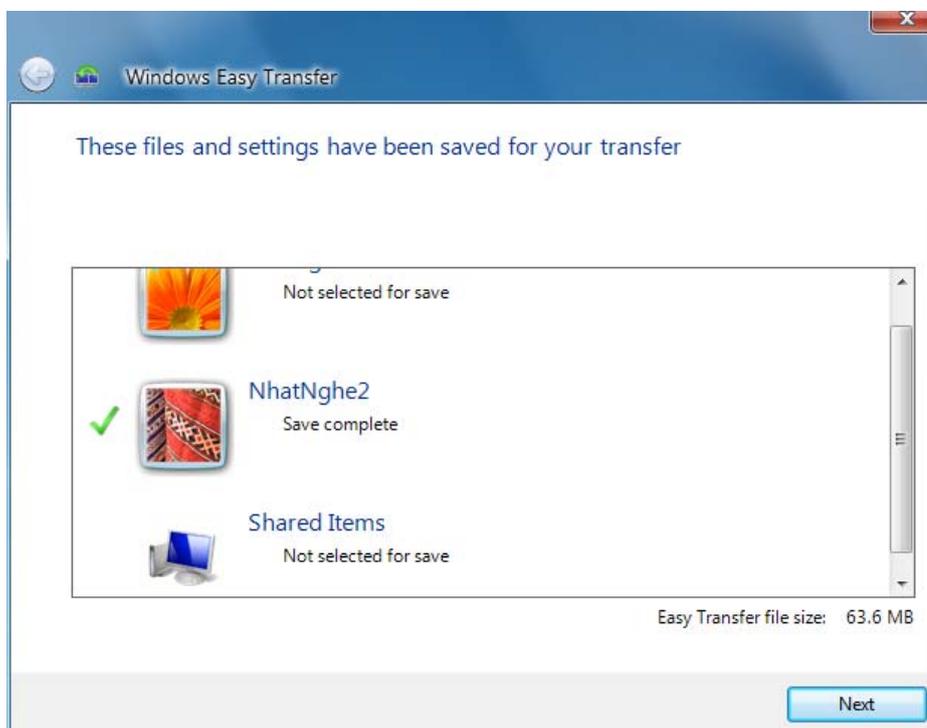


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- Hộp thoại Save Your Easy Transfer file: Chọn lưu dữ liệu trên C:\ → Save

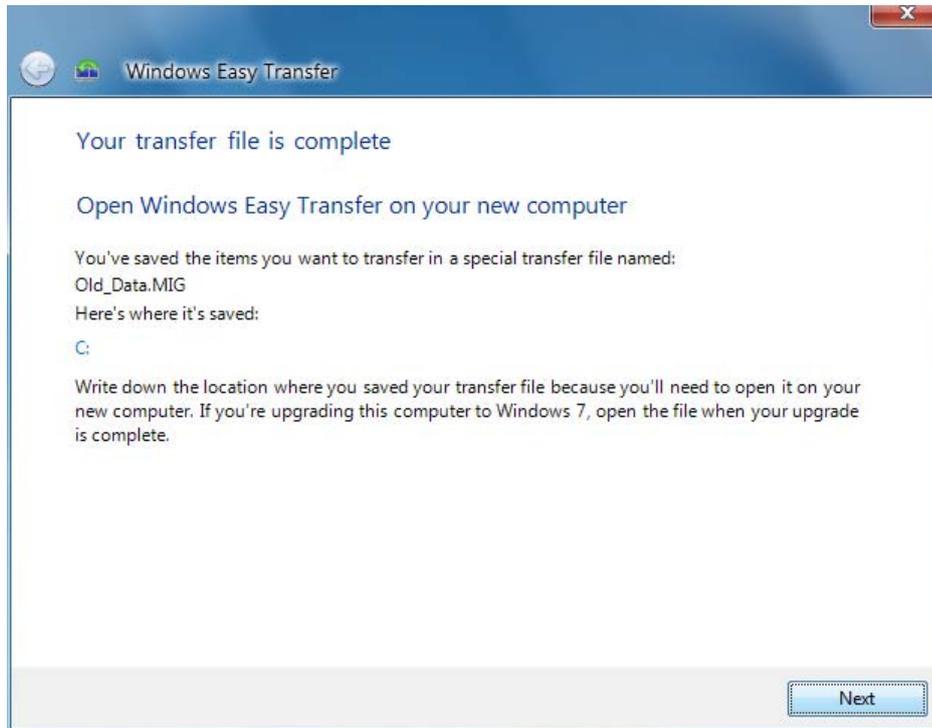


- Next

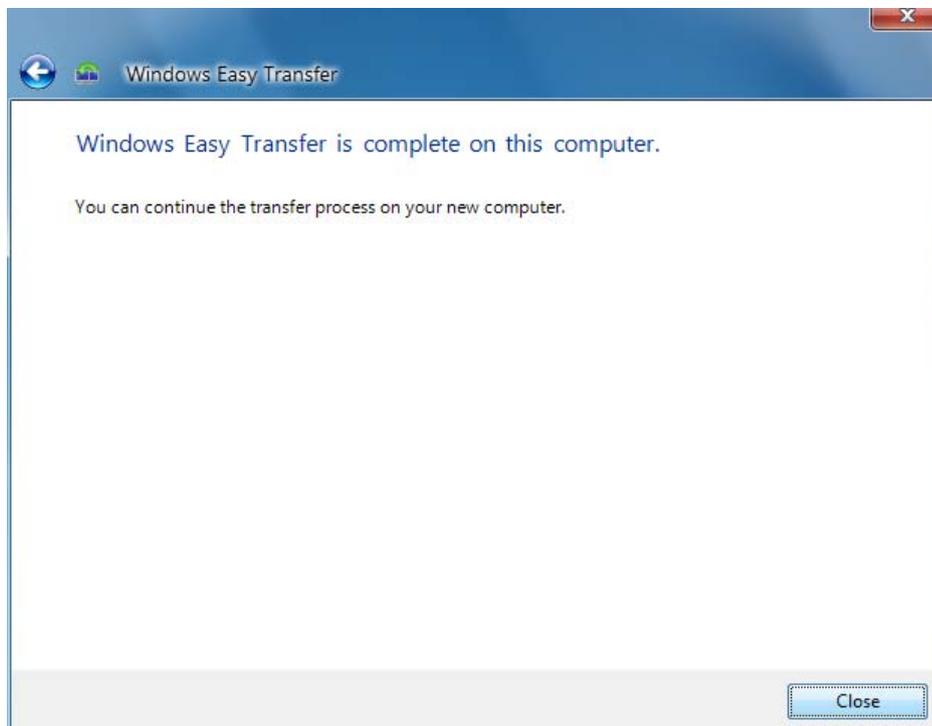


<http://www.NhatNghe.com/forum>

- Next



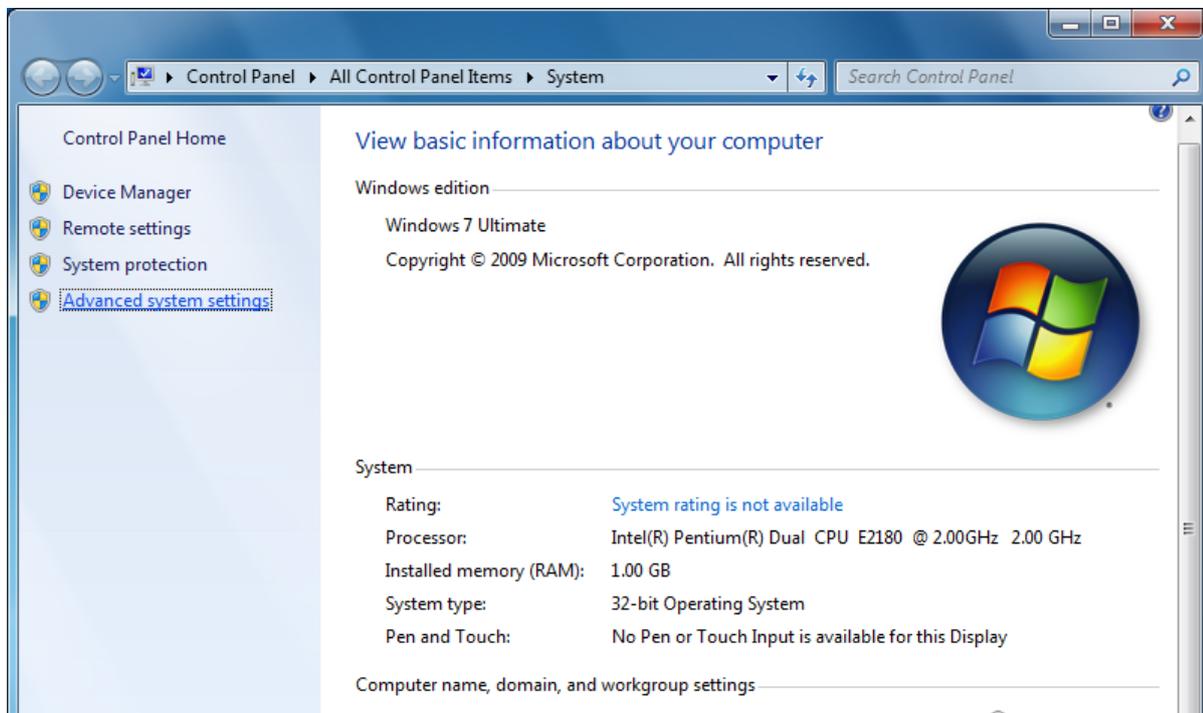
- Close



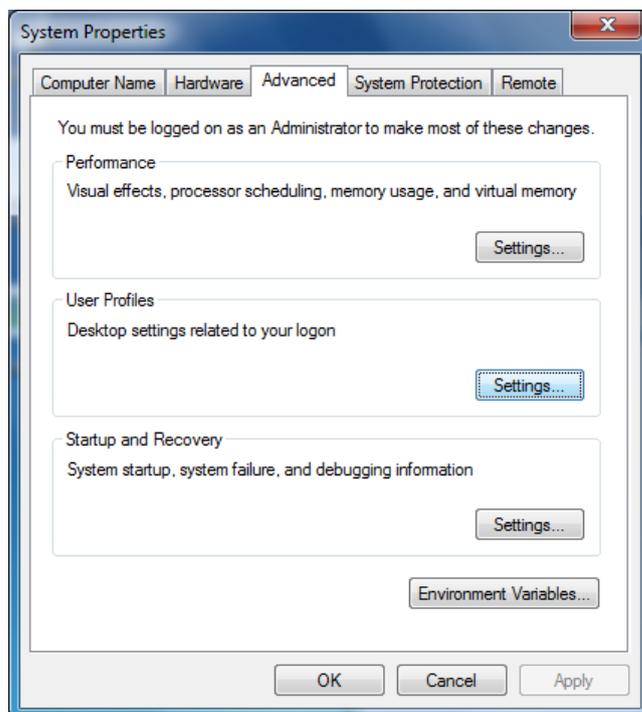
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3. Giải lập transfer NhatNghe2 User Data

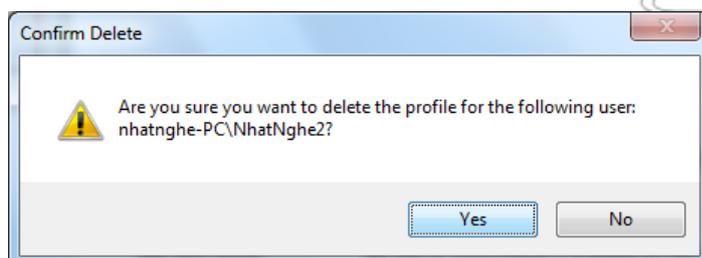
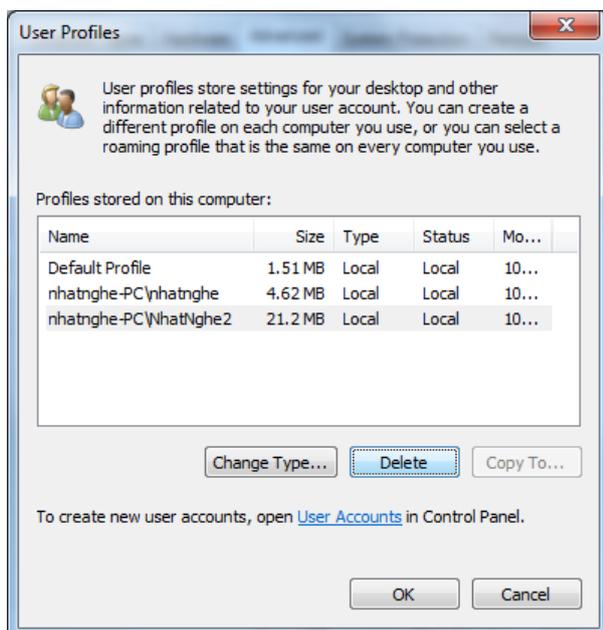
- Start → click Computer → Properties → Advanced System Settings → Settings trong phần User Profiles



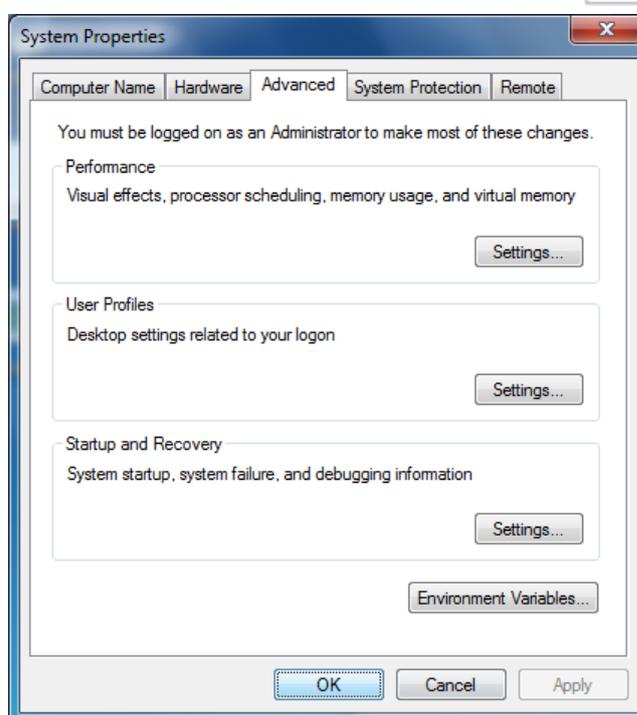
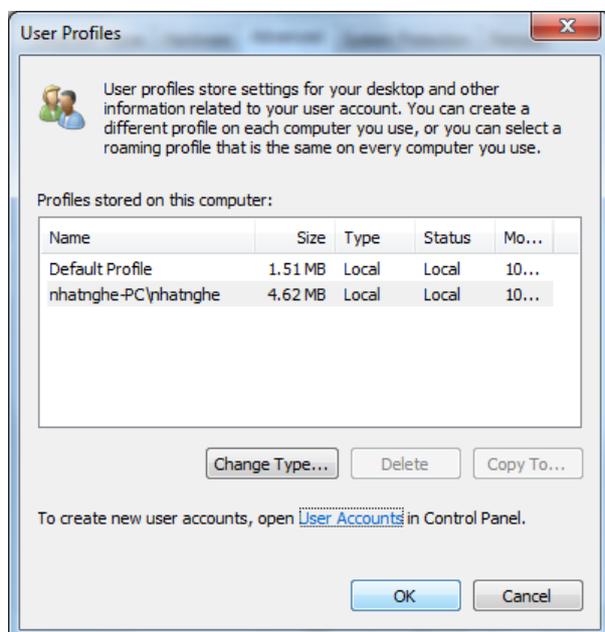
- Tab Advanced → chọn Settings trong phần User Profiles



- Chọn **Nhatnghe2** → Delete → Yes



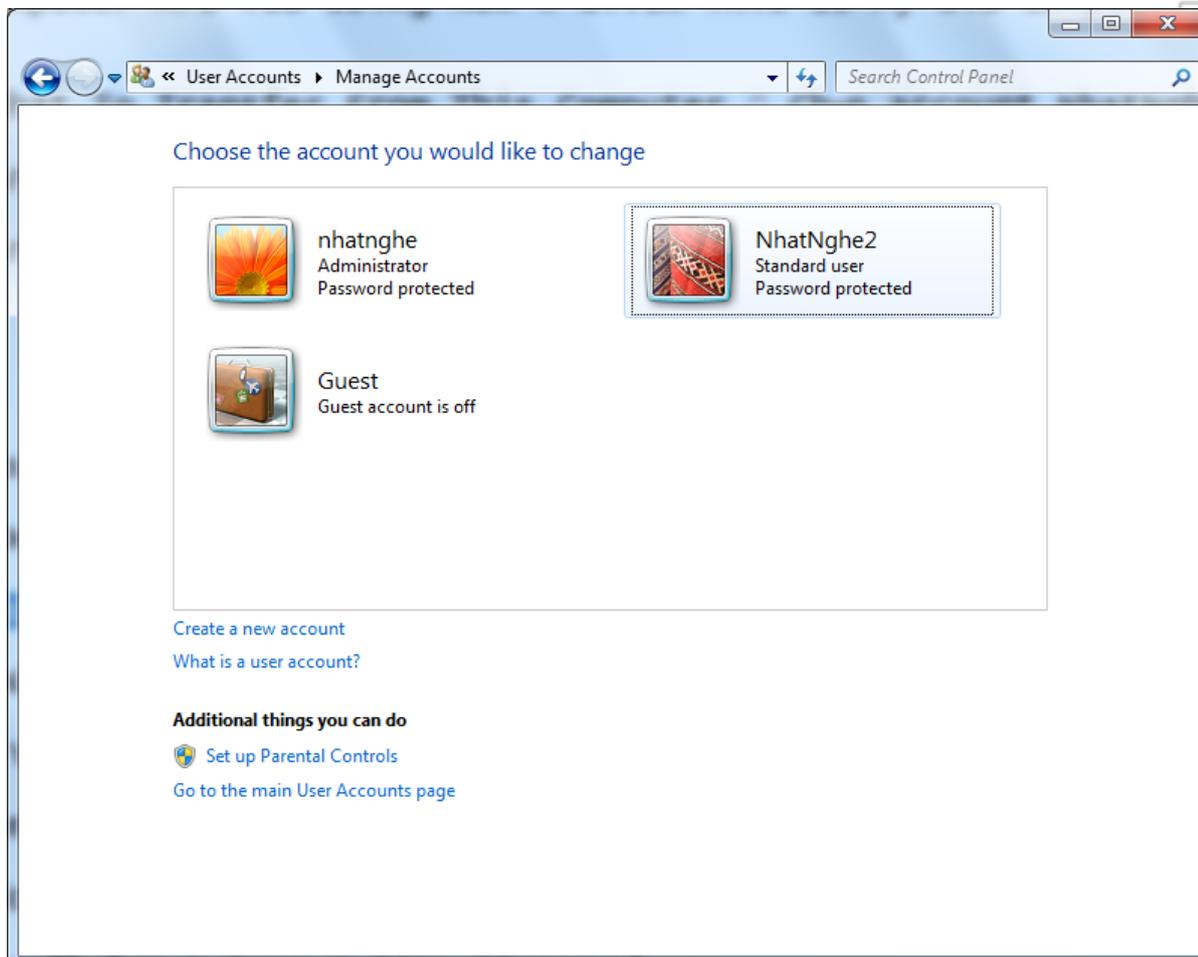
- OK 2 lần



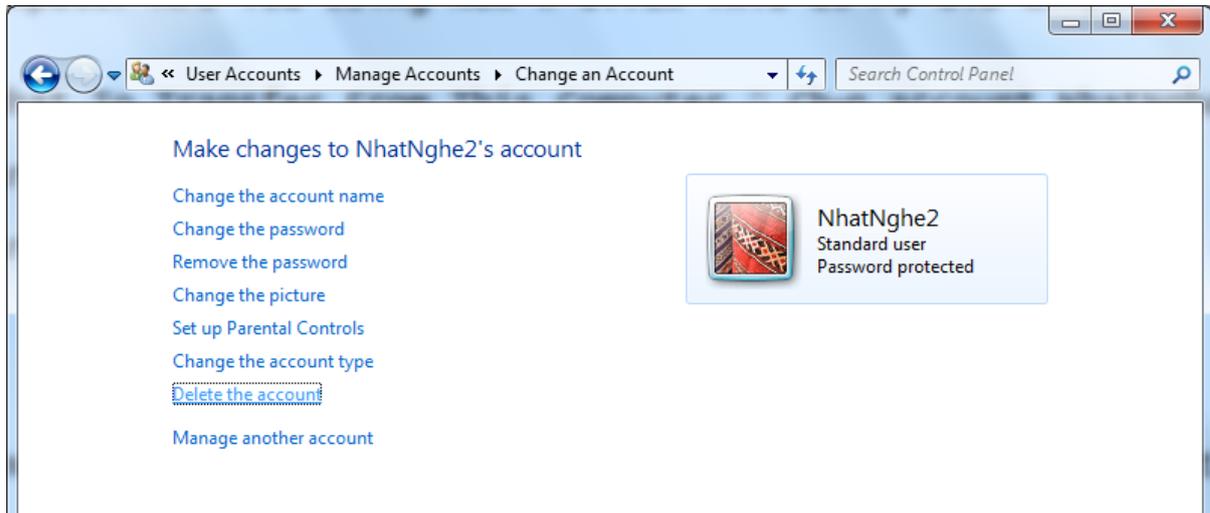
- Start → Control Panel → trong phần **User Accounts And Family Safety** → chọn **Add Or Remove User Accounts**



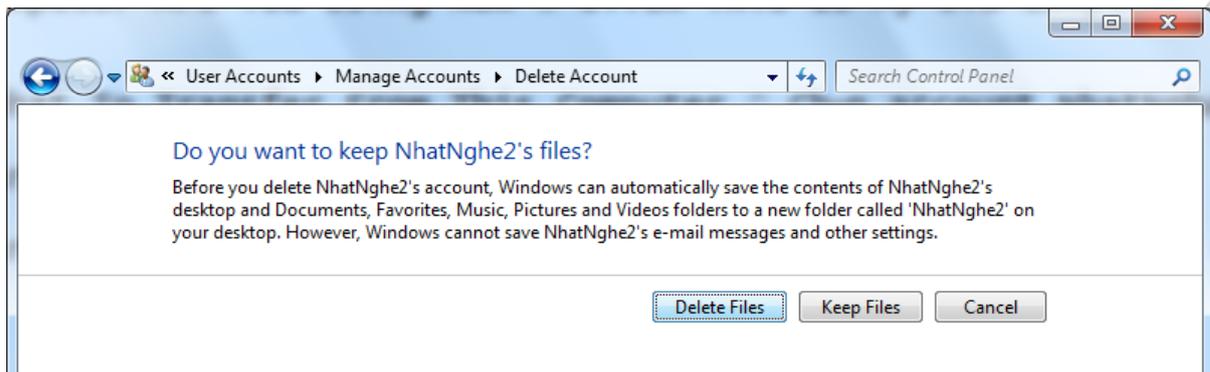
- Chọn Account **NhatNghe2**



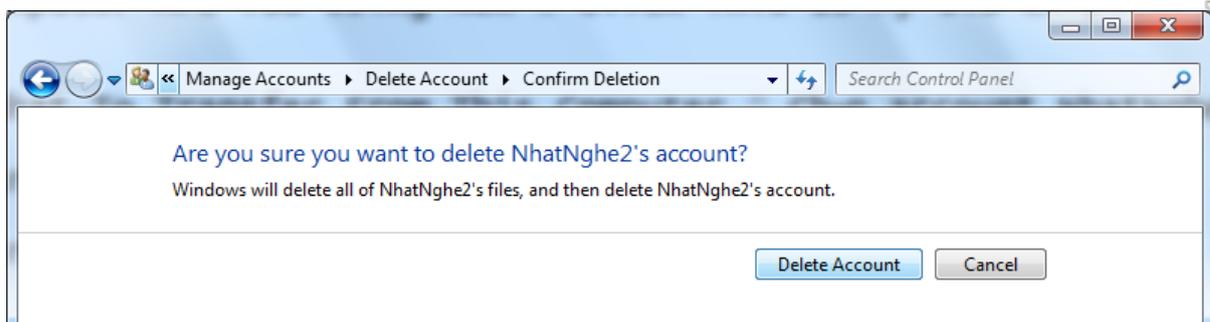
- Chọn Delete The Account



- Chọn Delete Files



- Chọn Delete Account → Đóng Control Panel



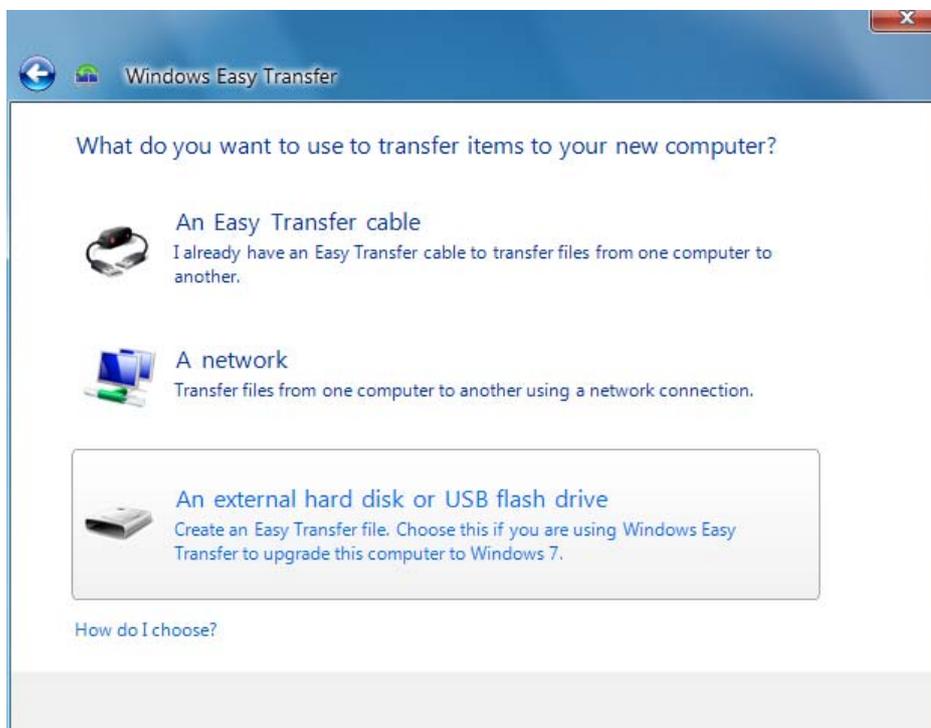
- Logon NhatNghe → Nhập vào ô Search: **Windows Easy Transfer** → Enter



- Next

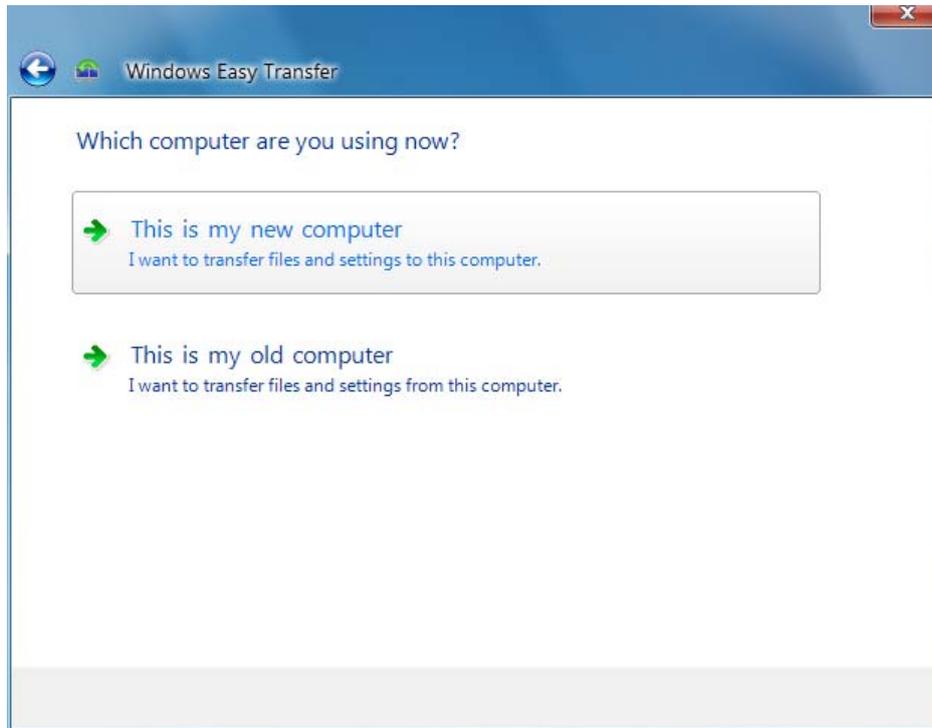


- Chọn An External Hard Disk Or USB Flash Drive.

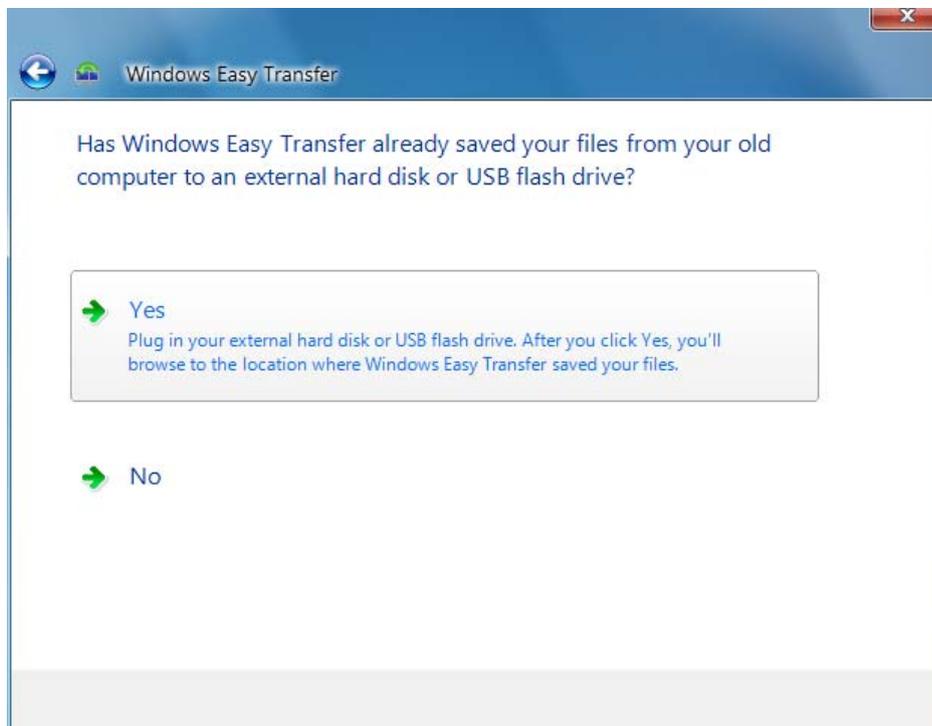


<http://www.NhatNghe.com/forum>

- Chọn This is my new computer.

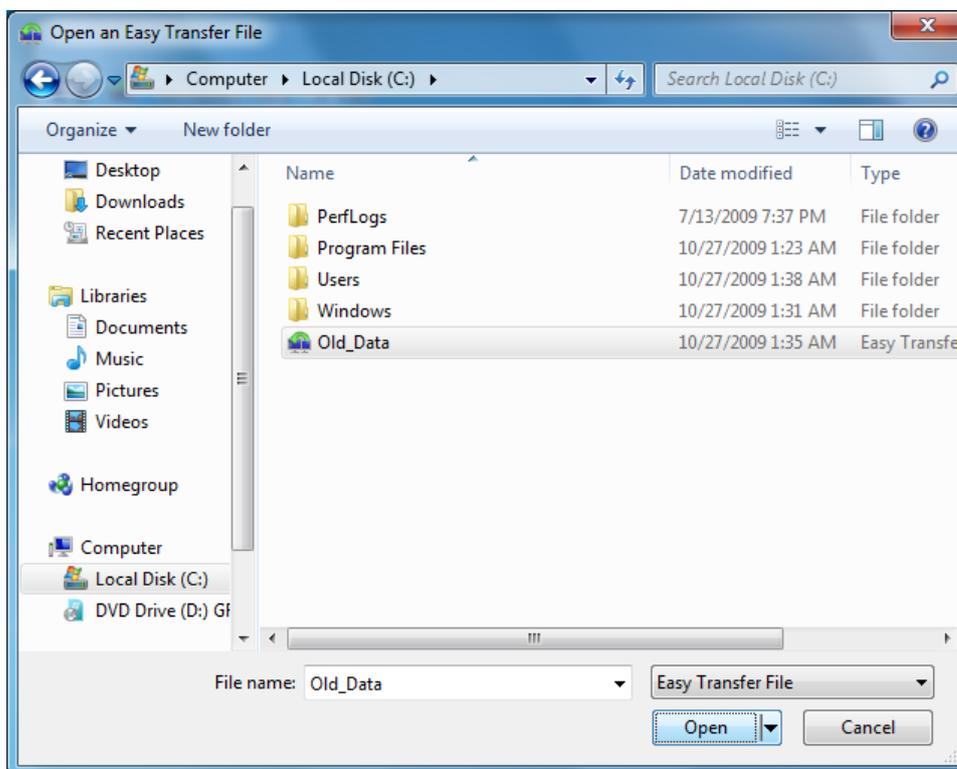


- Yes

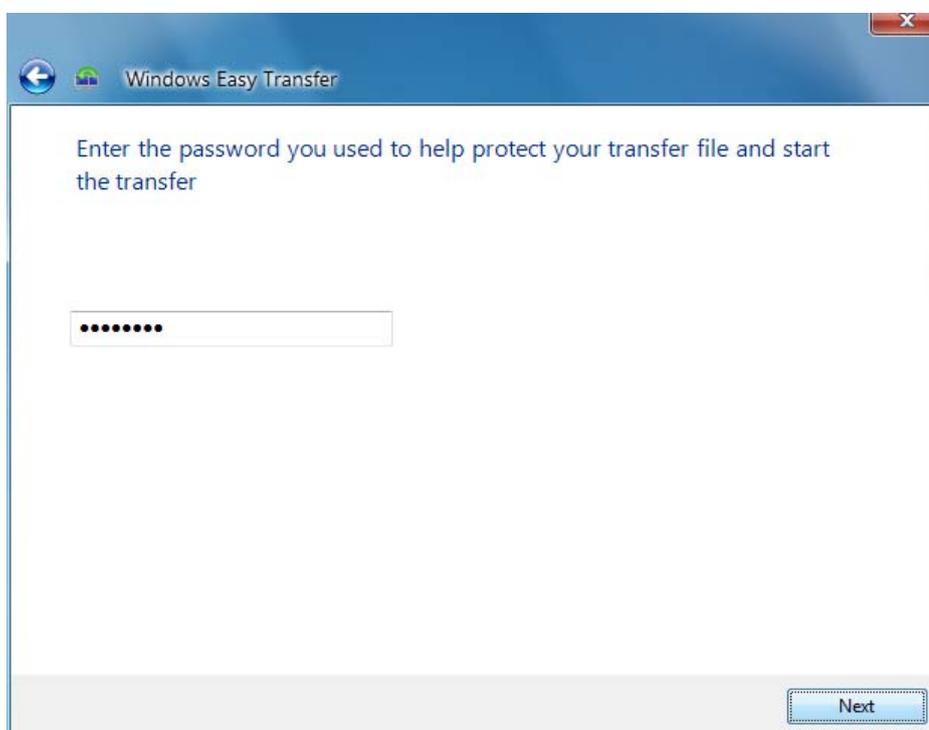


<http://www.NhatNghe.com/forum>

- Chỉ đến file backup đã lưu trên C:\

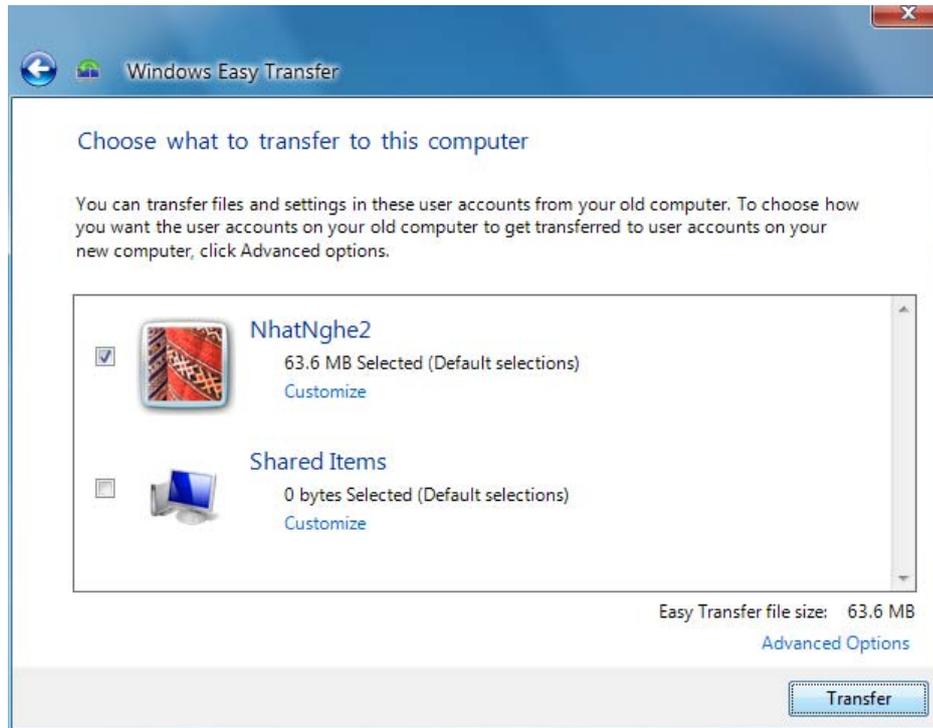


- Nhập password: P@ssword → Next

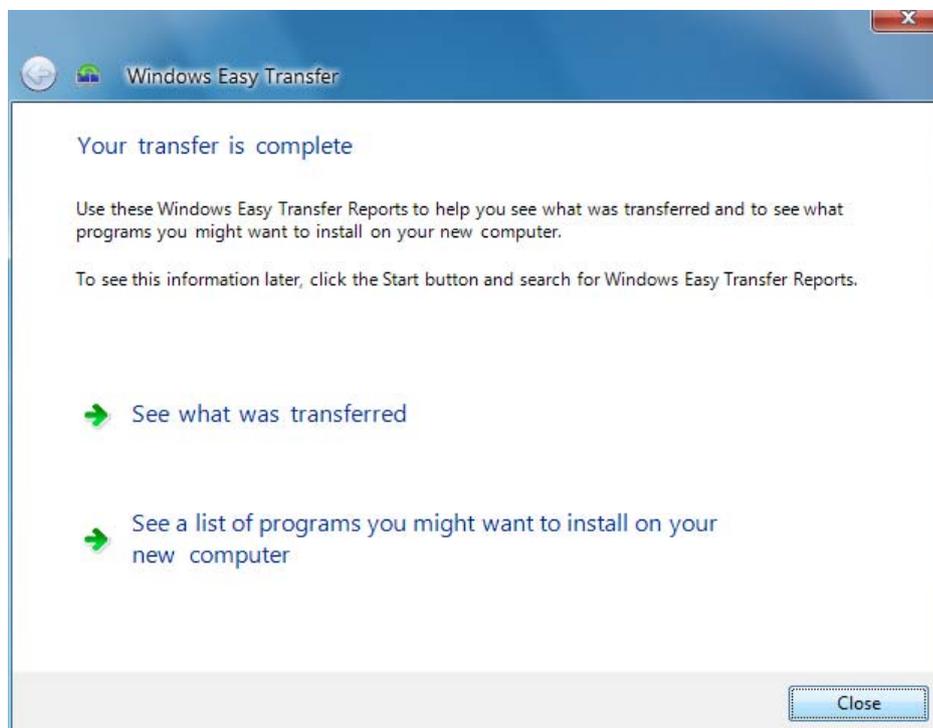


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- Chọn Account **NhatNghe2** → Transfer



- Close

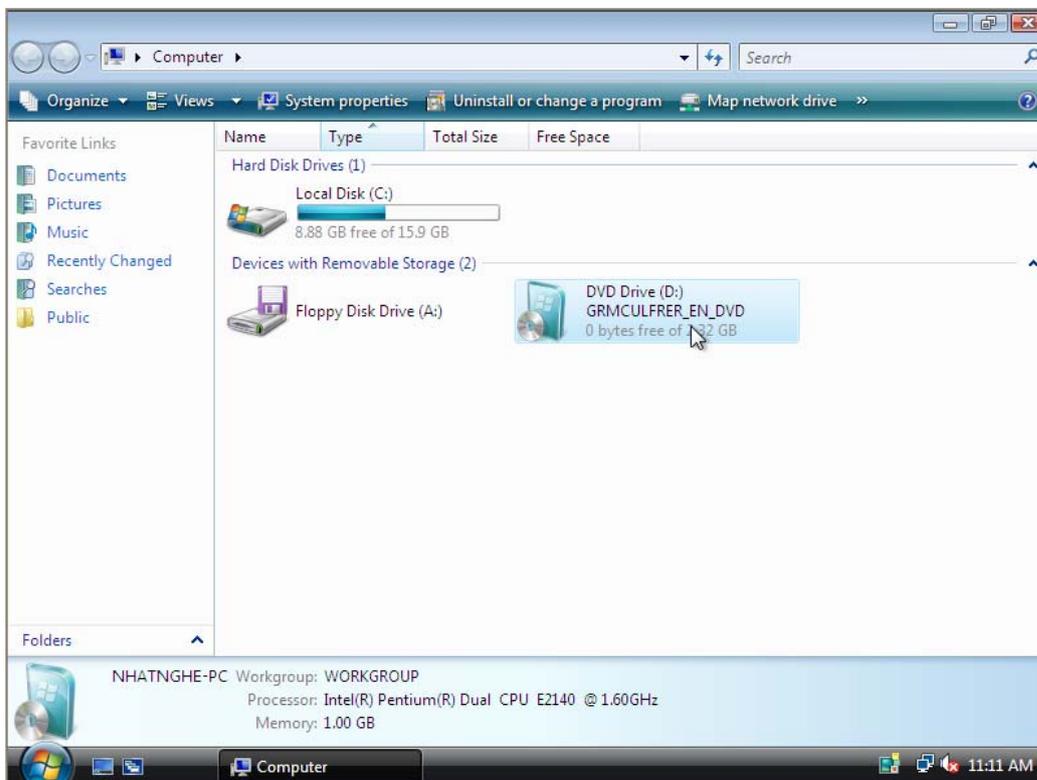


- Log on **Nhatnghe2** → Thành công → Kiểm tra thấy file đã tạo trên desktop vẫn còn.

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C. Nâng cấp Windows Vista SP1 lên Windows 7

- Log on user **NhatNghe** → enable user **Administrator** → Nạp đĩa source Windows 7
- Log on Administrator → Start → Computer → Nhấp kép vào DVD Windows 7

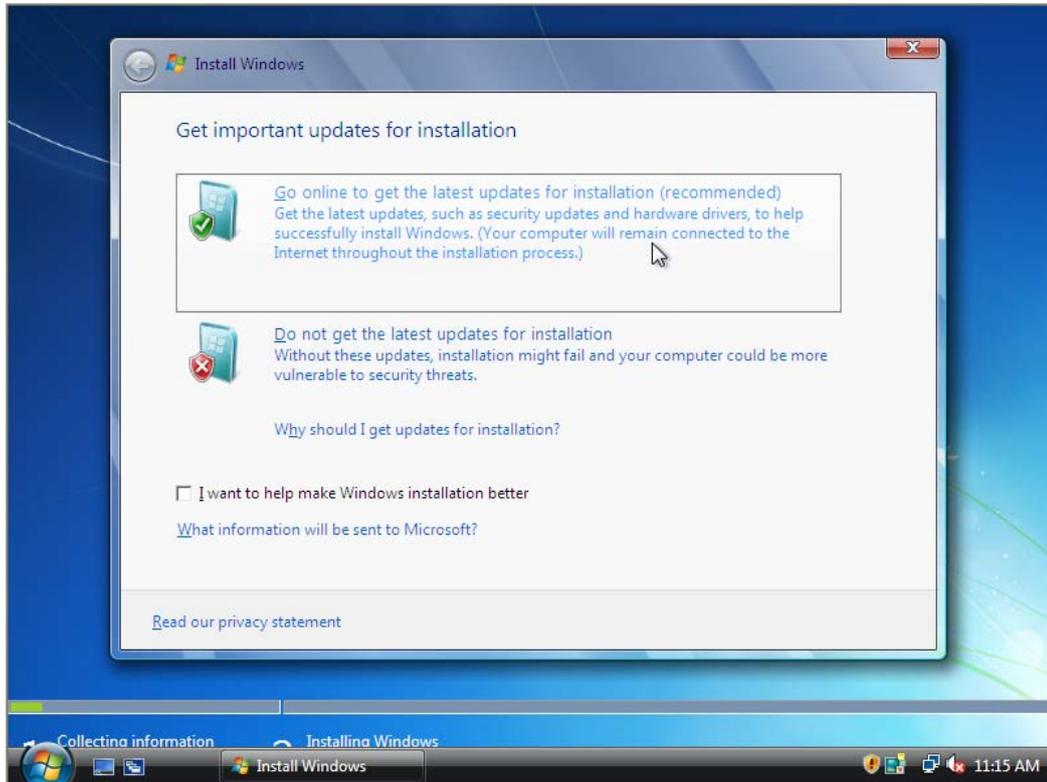


- Chọn Install now

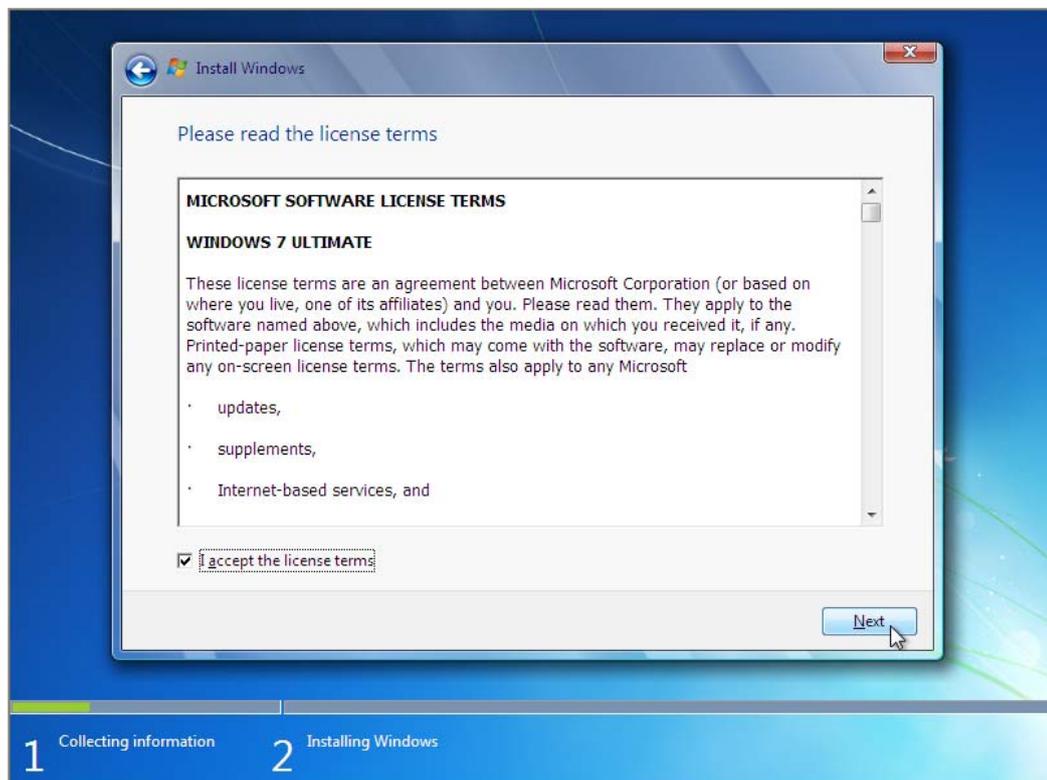


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- Chọn Do Not Get The Latest Updates For Installation

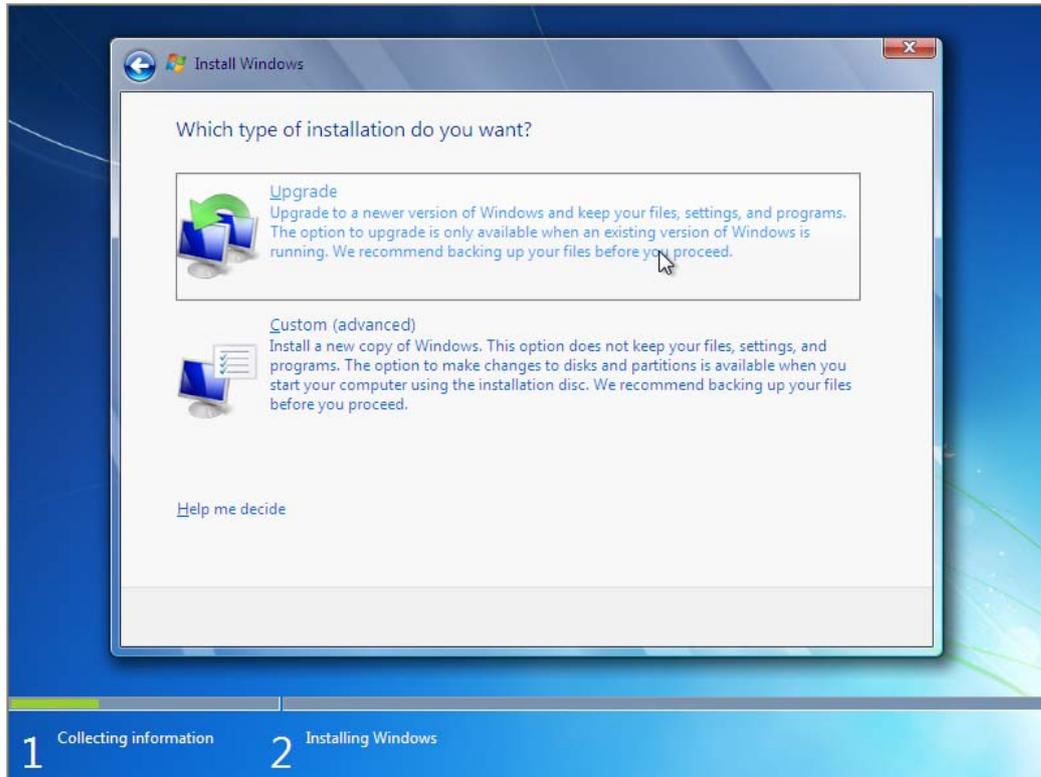


- Chọn I Accept The License Terms → Next.

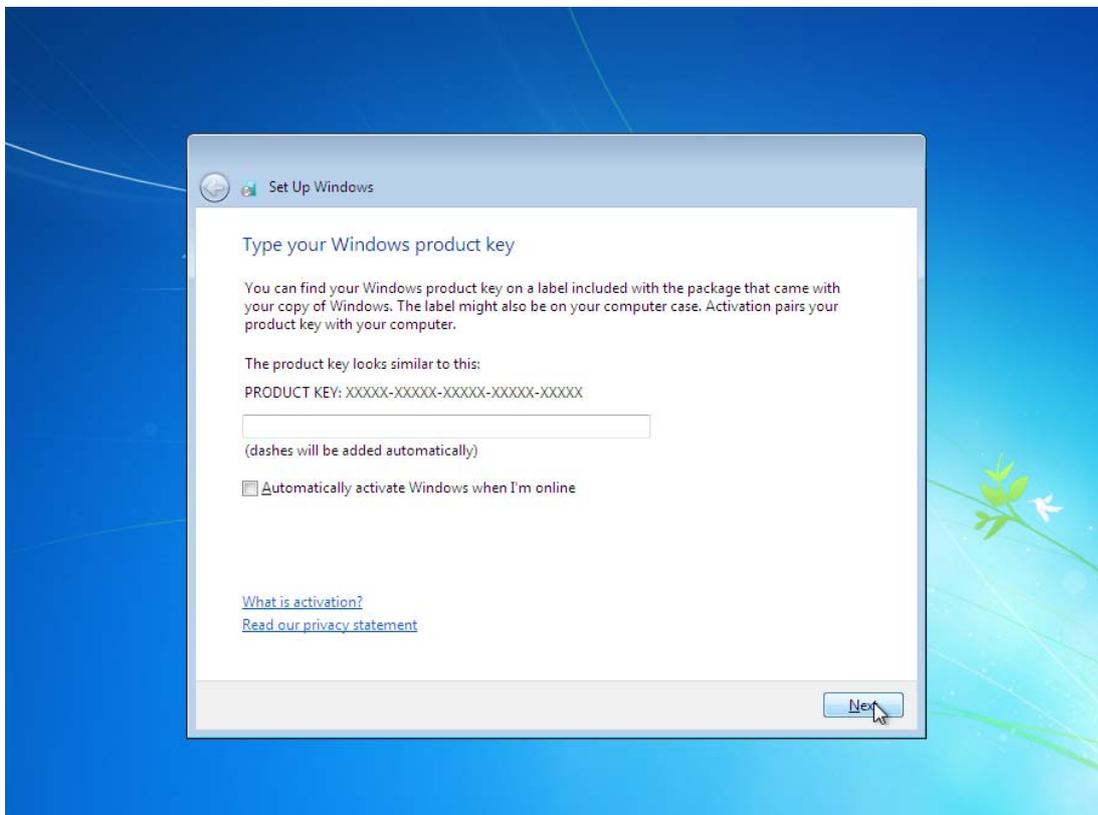


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- Chọn Upgrade

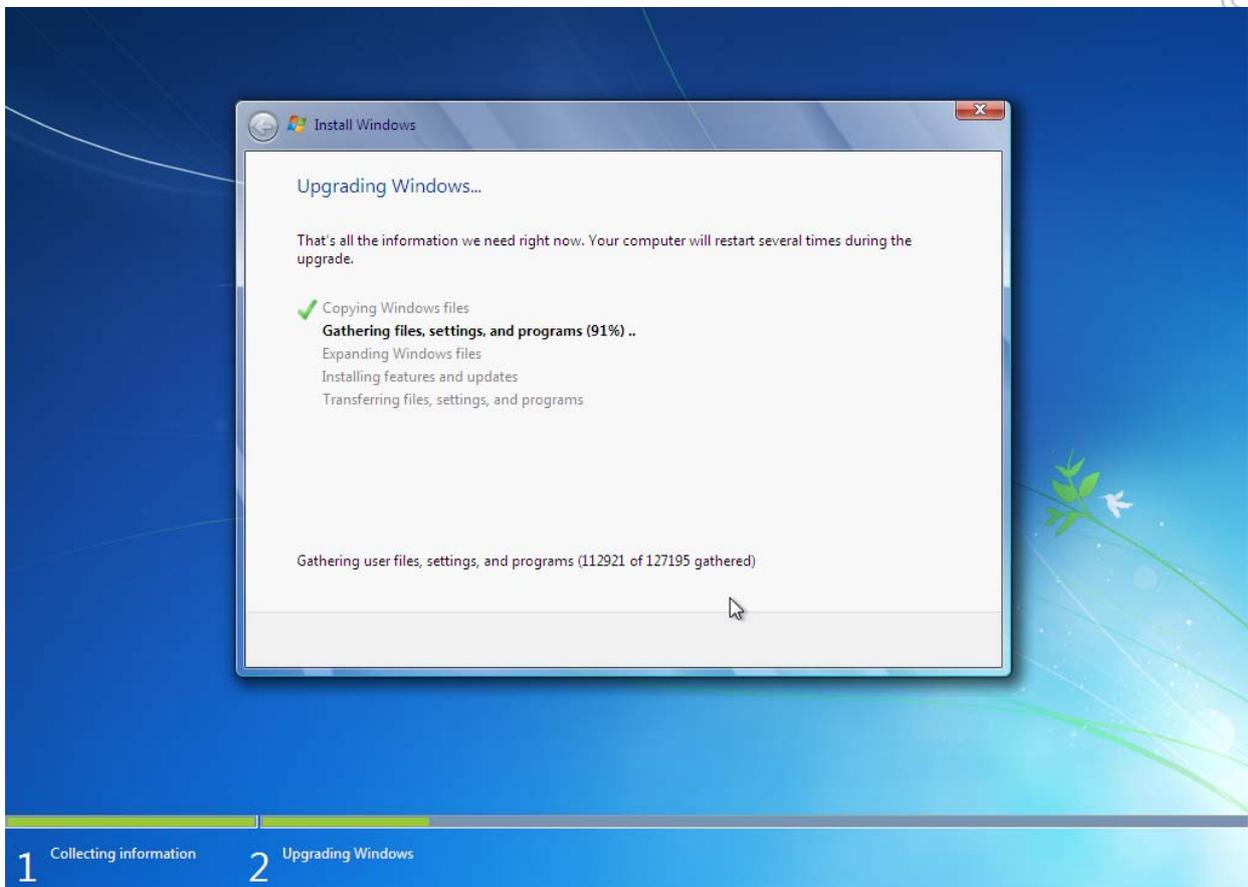
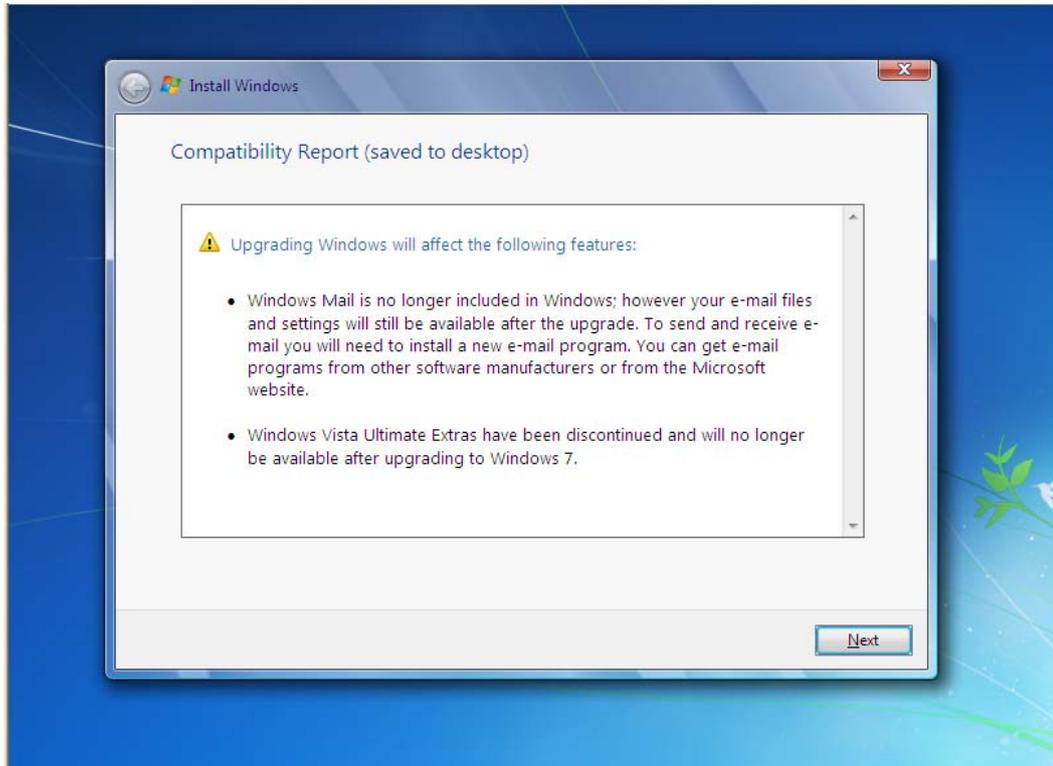


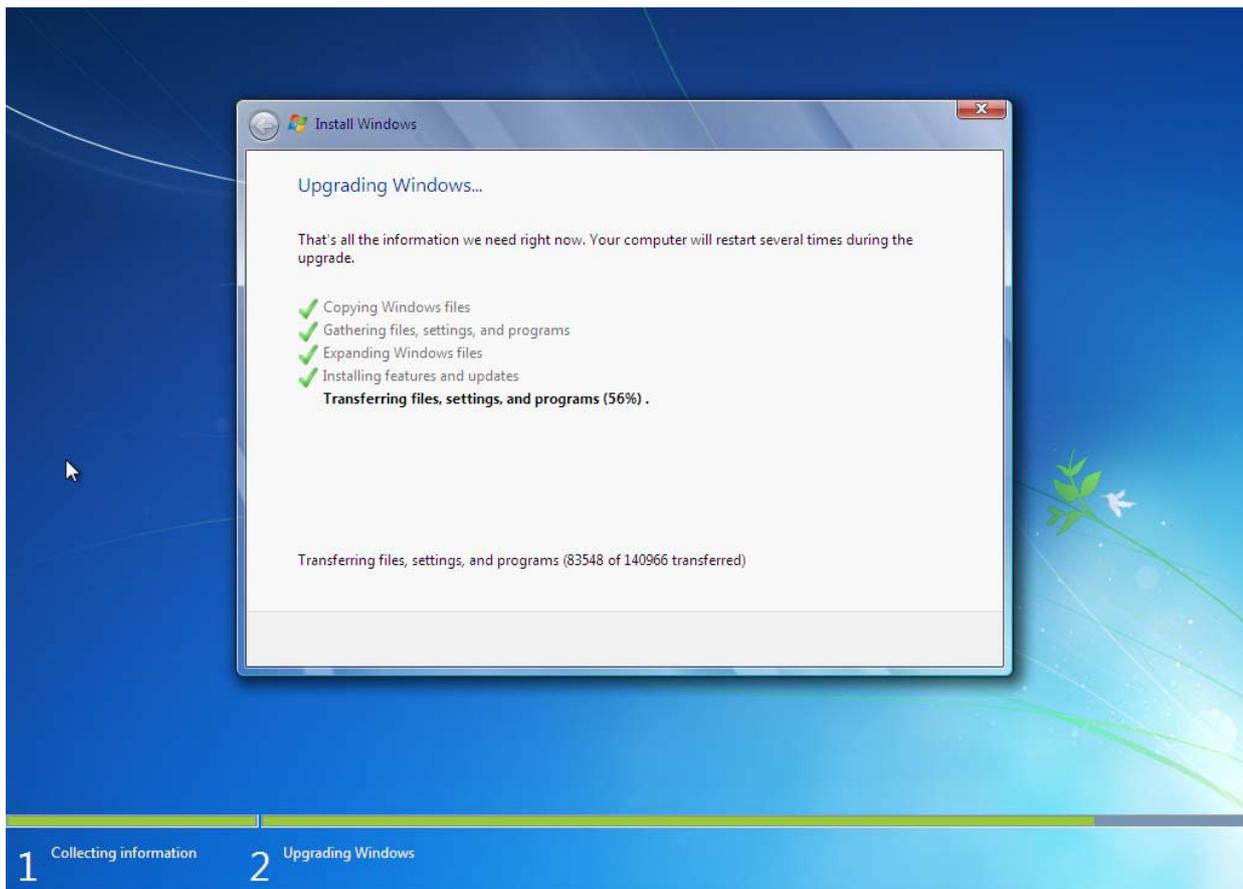
- Type Your Product Key → bỏ dấu chọn Automatically Activate Windows When I'm Online → Next



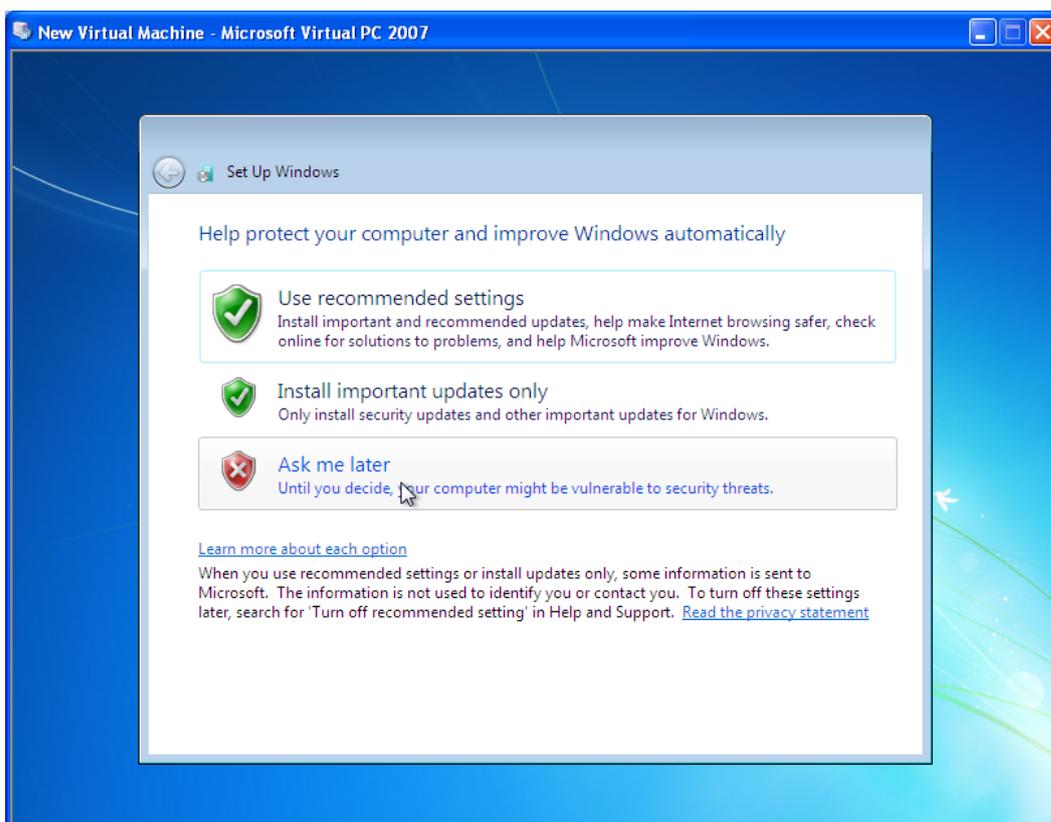
<http://www.NhatNghe.com/forum>

- Next

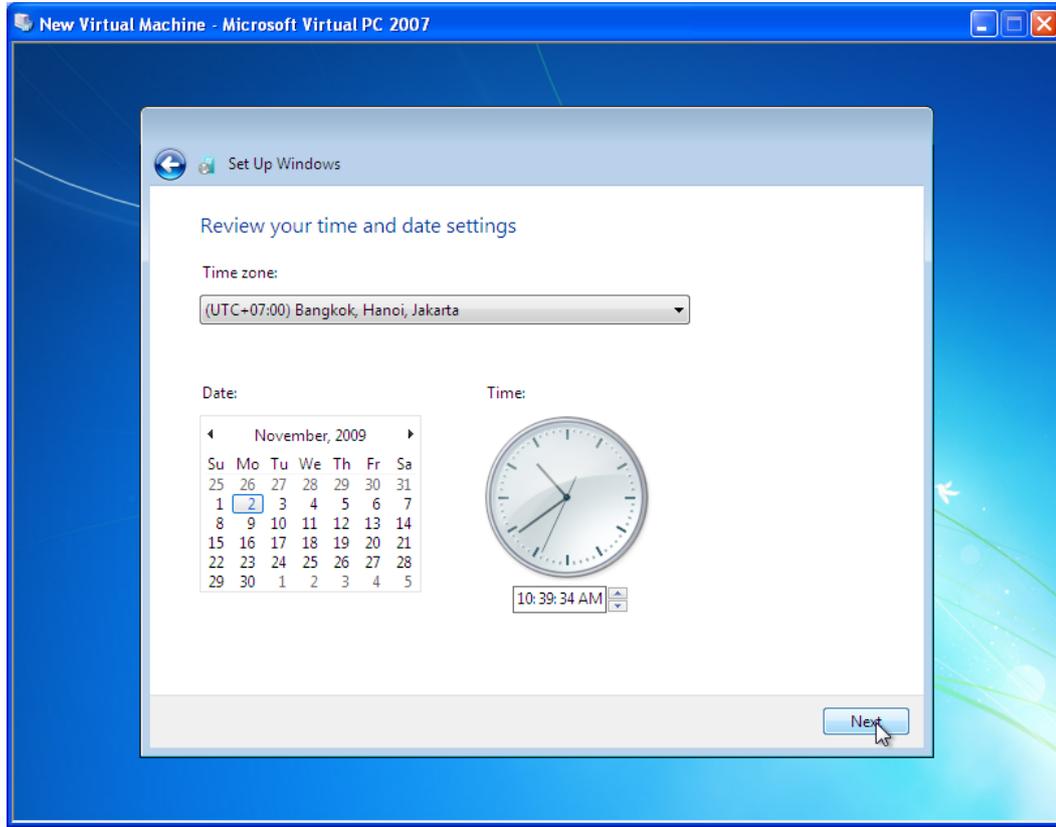




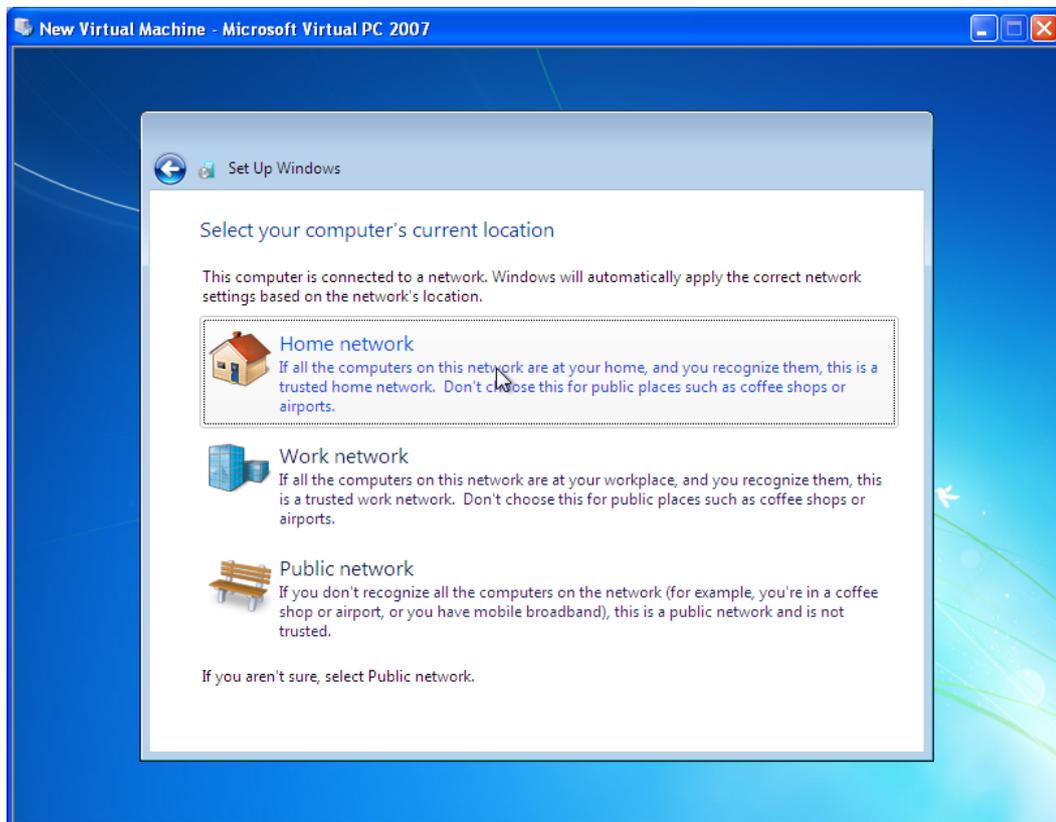
- Help Protect Your Computer And Improve Windows Automatically → chọn Use Recommended Settings



- Review Your Time And Date Settings page : Chọn múi giờ (UTC +7) Bangkok, Hanoi, Jakarta → Next



- Select Your Computer's Current Location page → Chọn Home Network



- Quá trình Upgrade hoàn tất → Log on bằng tài khoản cũ trên Windows Vista → Thành công.