

LAB 2.3. WINDOWS 7 BACKUP - RESTORE

I, GIỚI THIỆU

Bài lab dùng 01 máy Windows 7 thực hiện công tác sao lưu và phục hồi dữ liệu

Các bước thực hiện

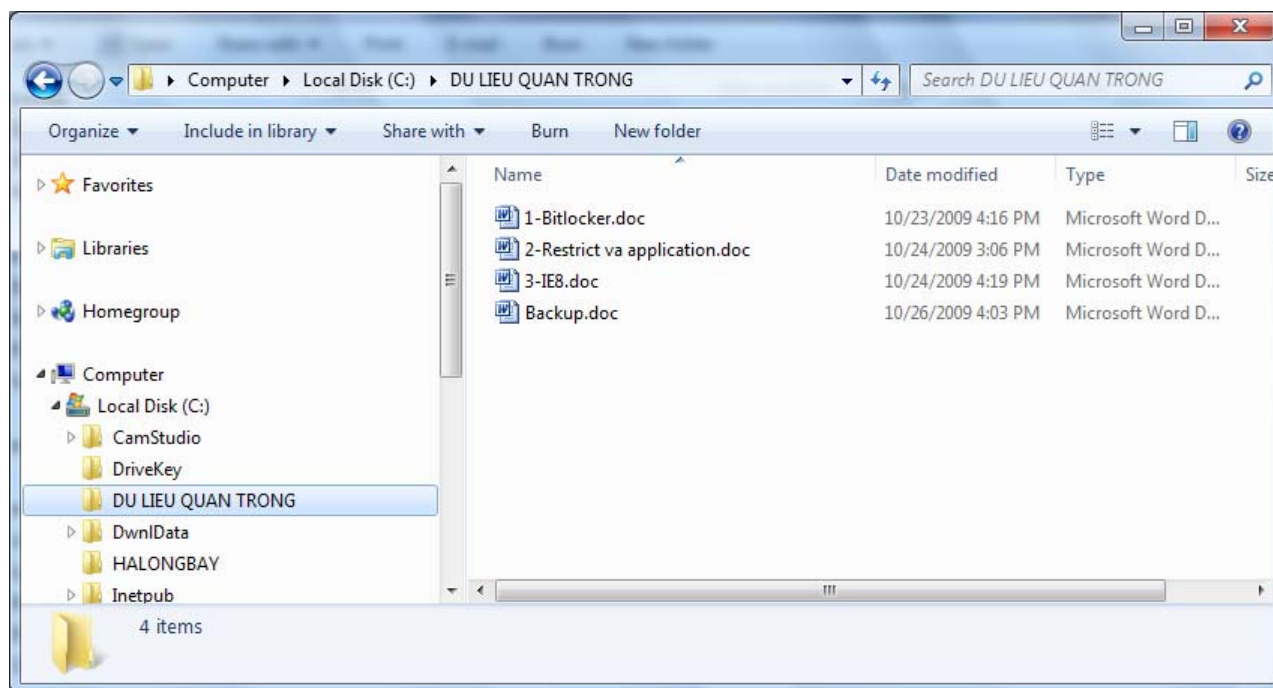
- A. Cấu hình Reconfiguring a Backup
- B. Tạo đĩa phục hồi hệ thống
- C. Cấu hình bảo vệ hệ thống
- D. Tạo điểm phục hồi
- E. Kiểm tra

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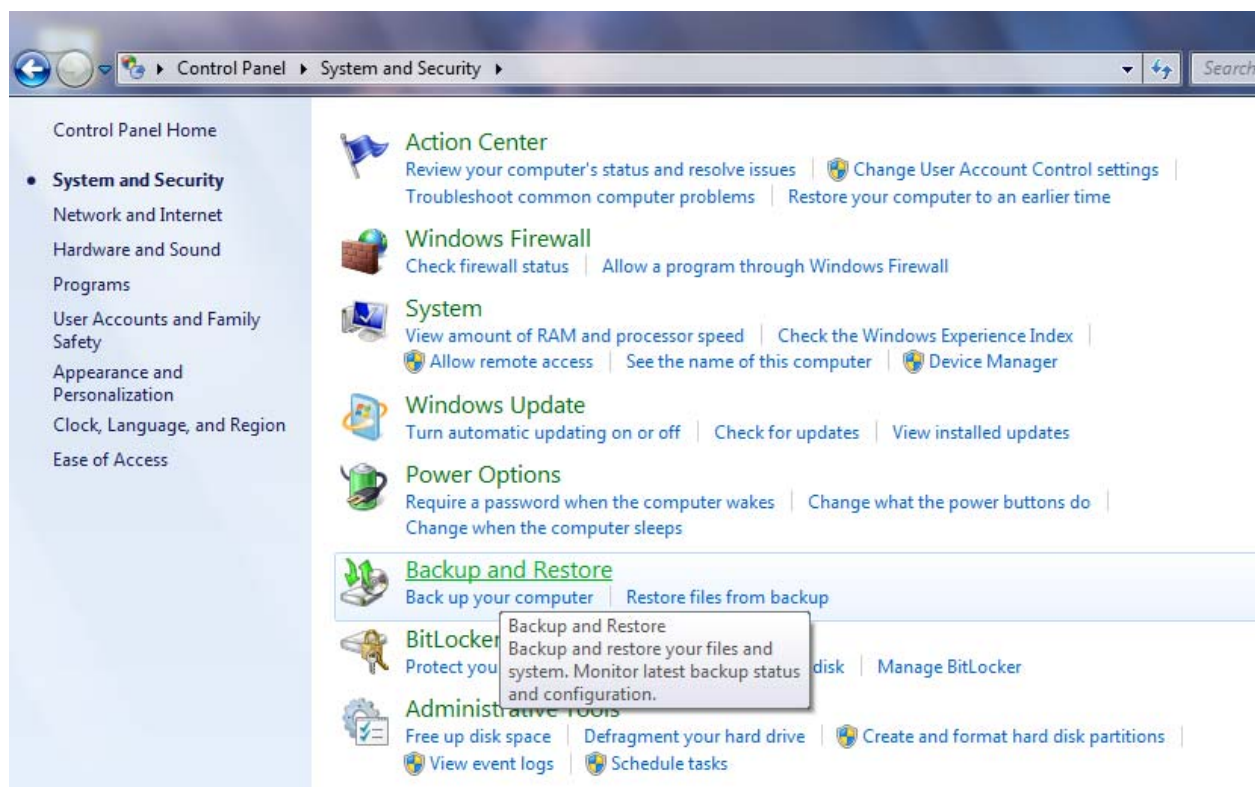
II. THỰC HIỆN

A. Cấu hình Reconfiguring a Backup

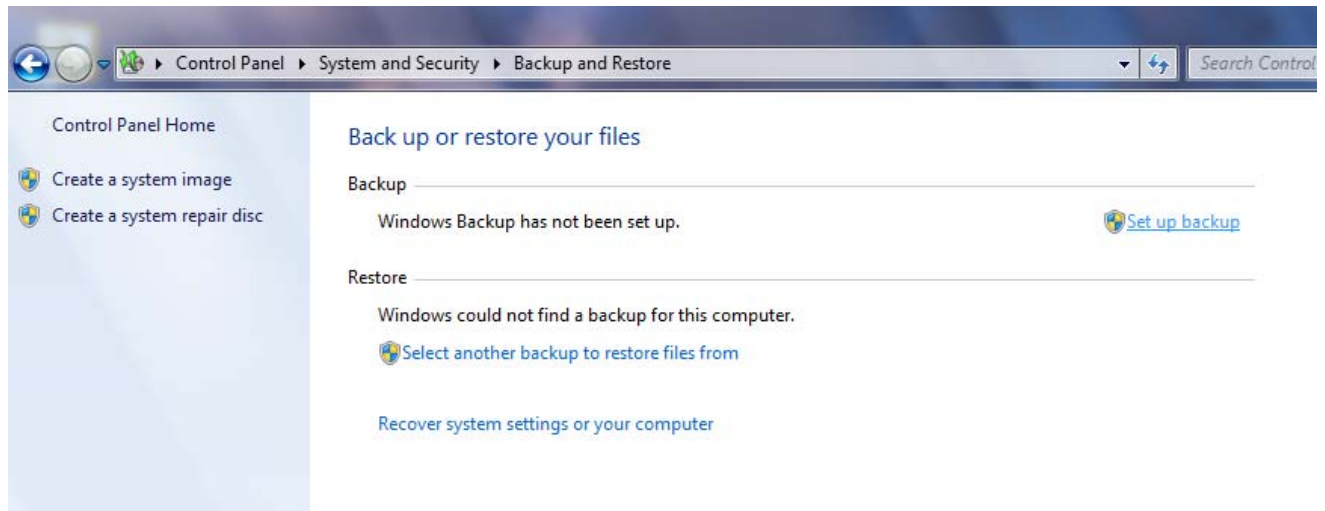
- Mở Windows Explorer → tạo thư mục DU LIEU QUAN TRỌNG



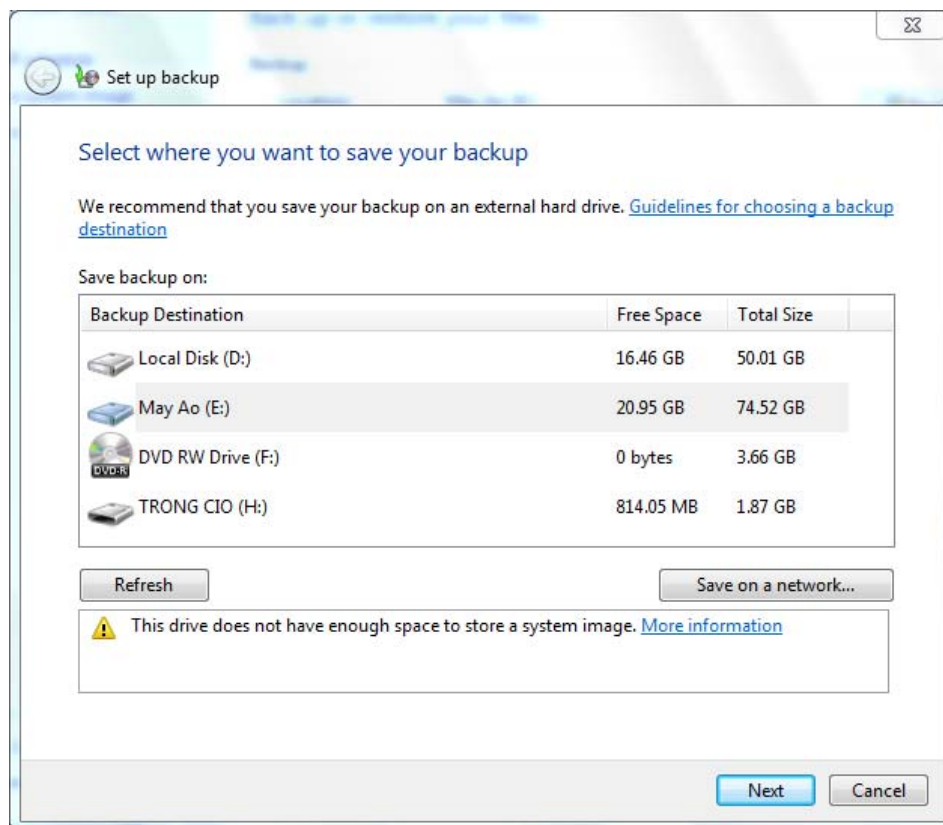
- Start → Control Panel → System And Security → Backup And Restore



- Set up Backup

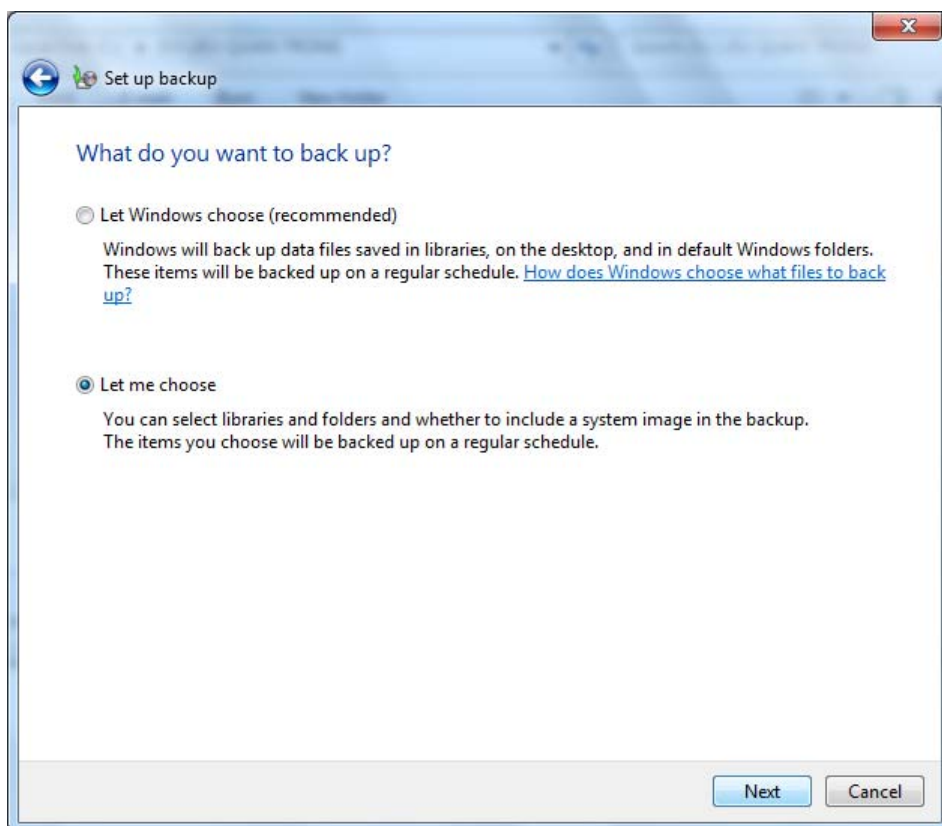


- Chọn ổ đĩa lưu file Backup → Next

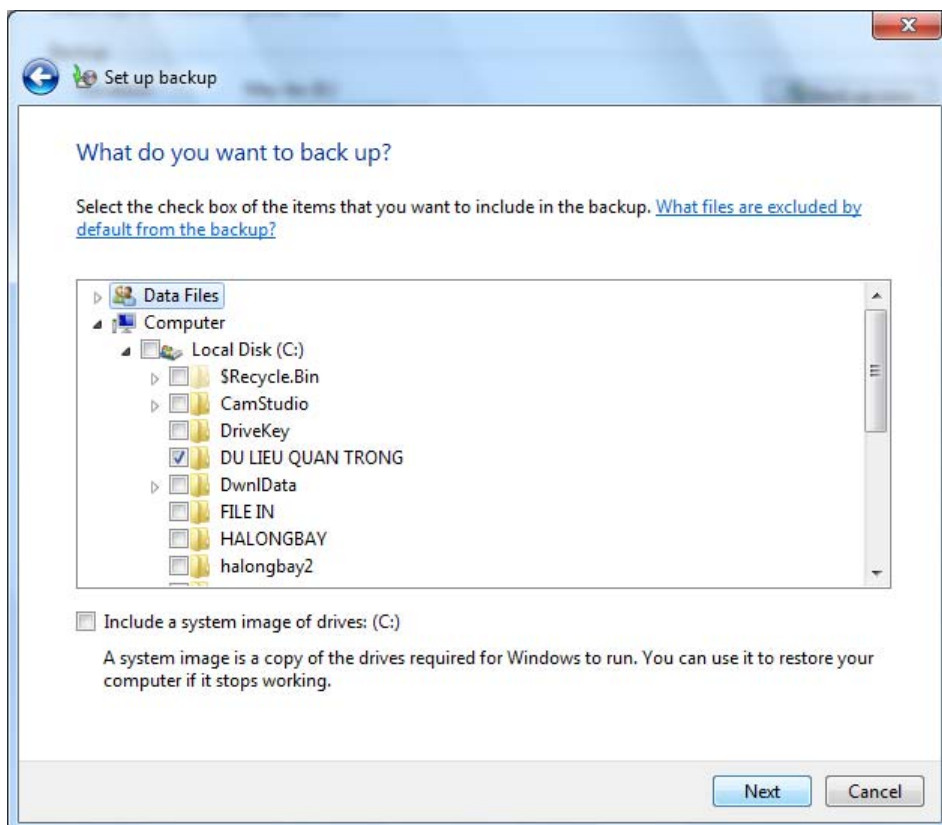


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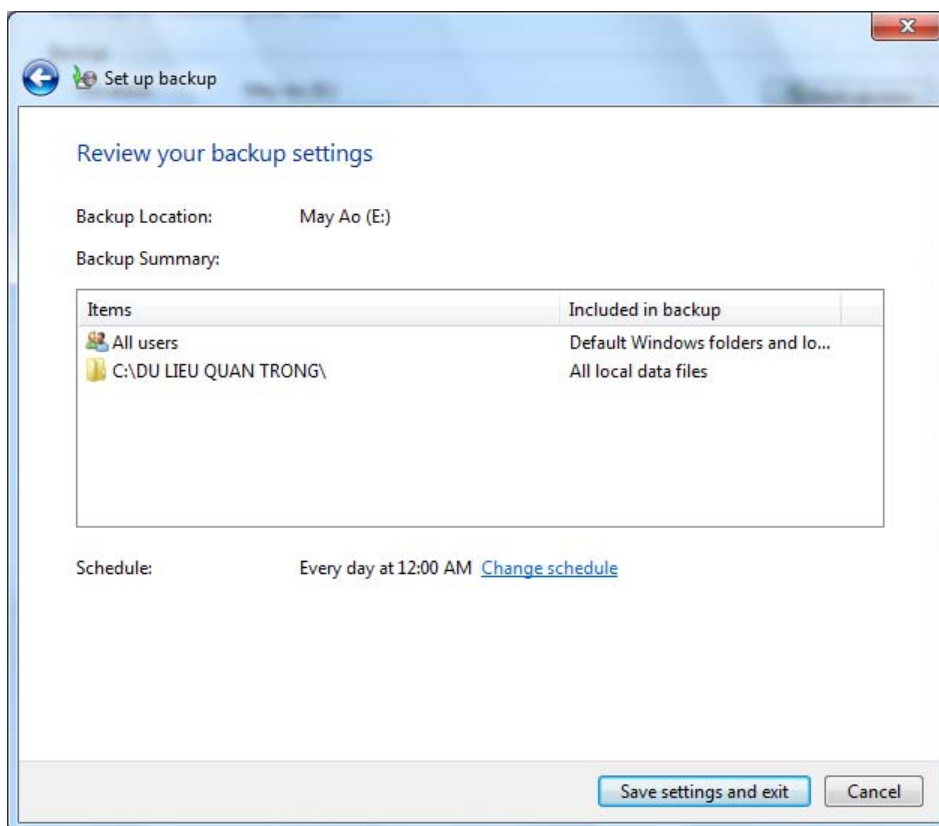
- Chọn Let Me Choose → Next.



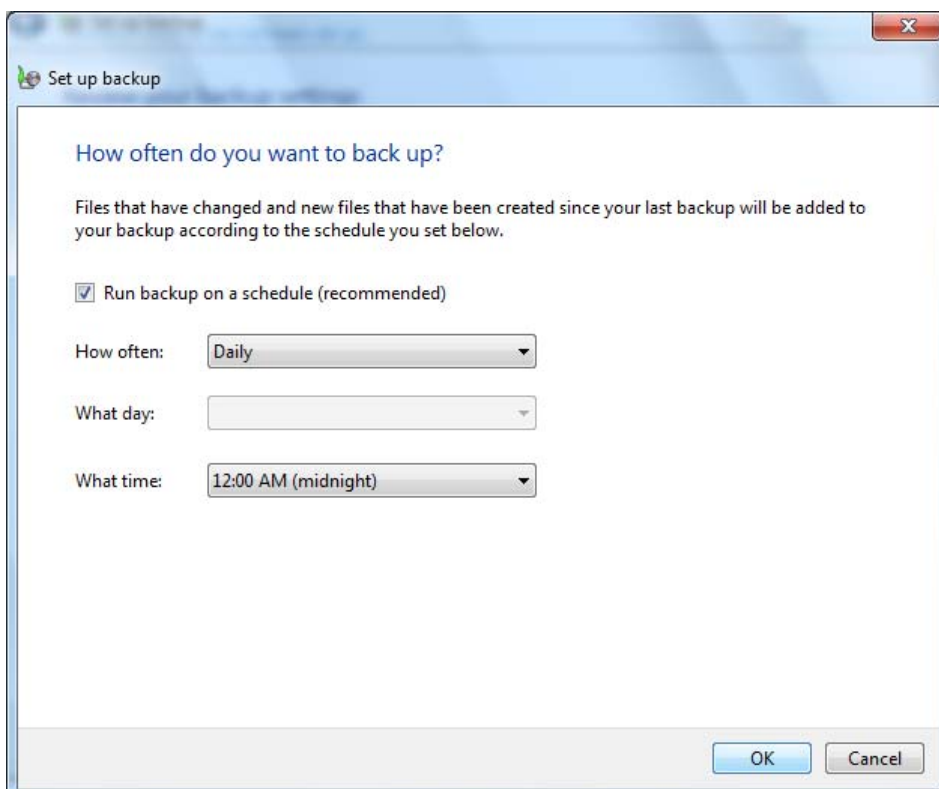
- Chọn thư mục hoặc file muốn Backup, bỏ dấu chọn ở mục **Include A System Image Of ...** → Next



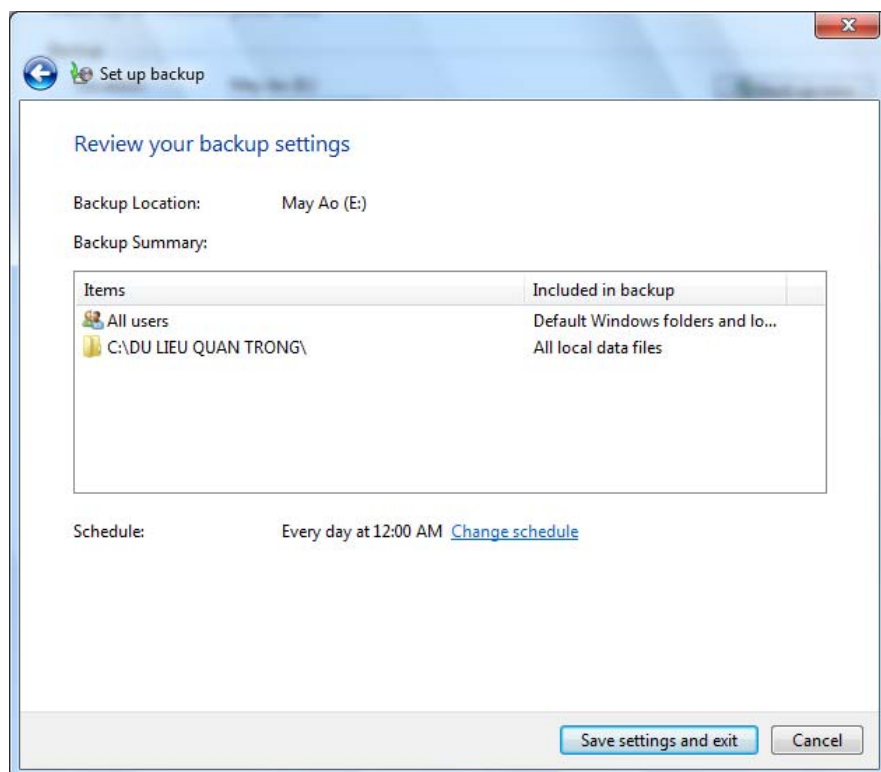
- Change Schedule



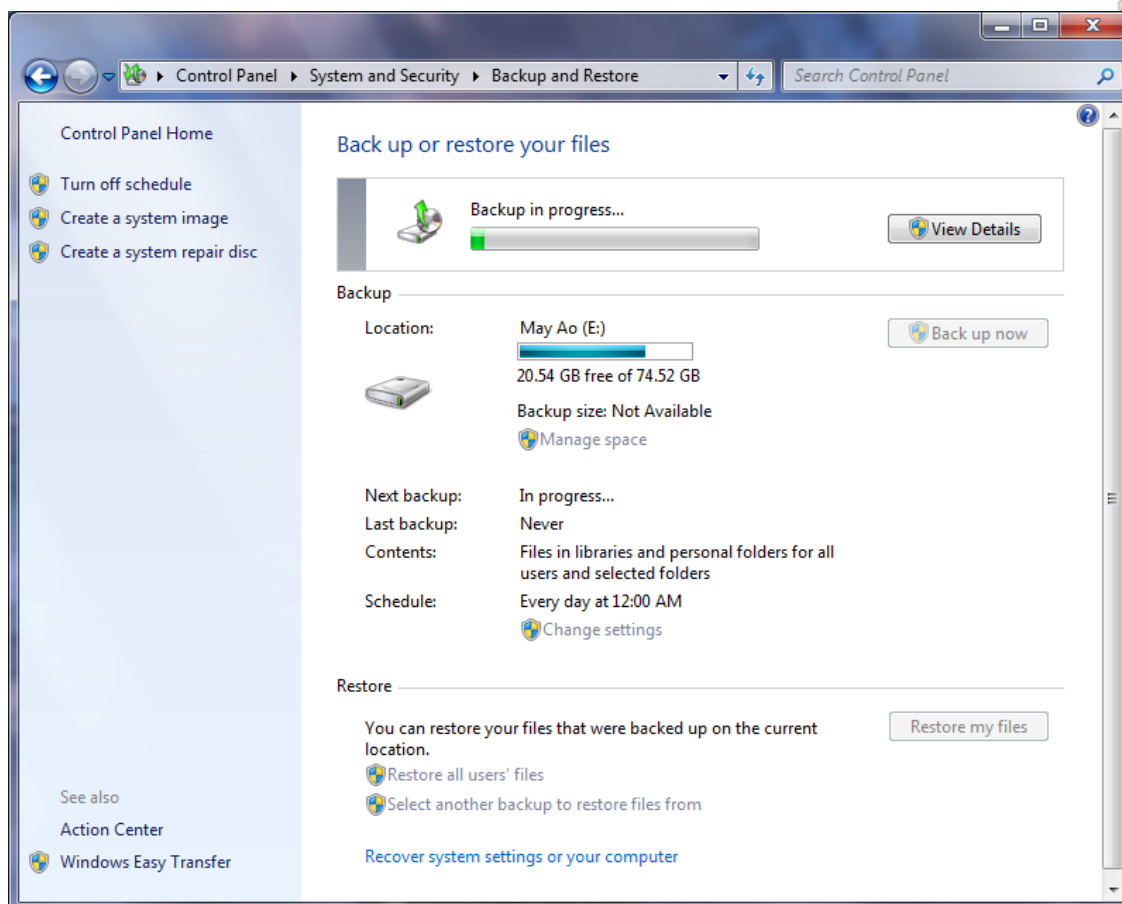
- Chọn lịch biểu Backup (Daily: 12:00 a.m) → OK



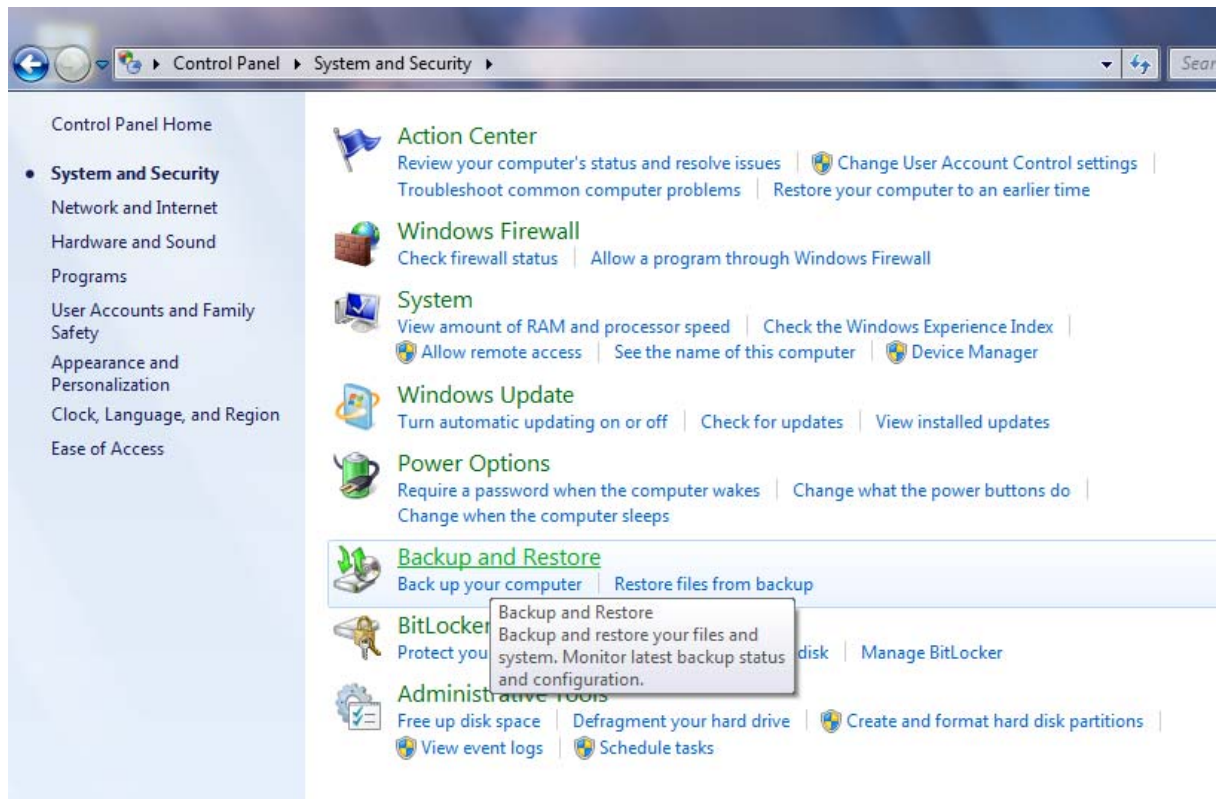
- Save Settings And Exit.



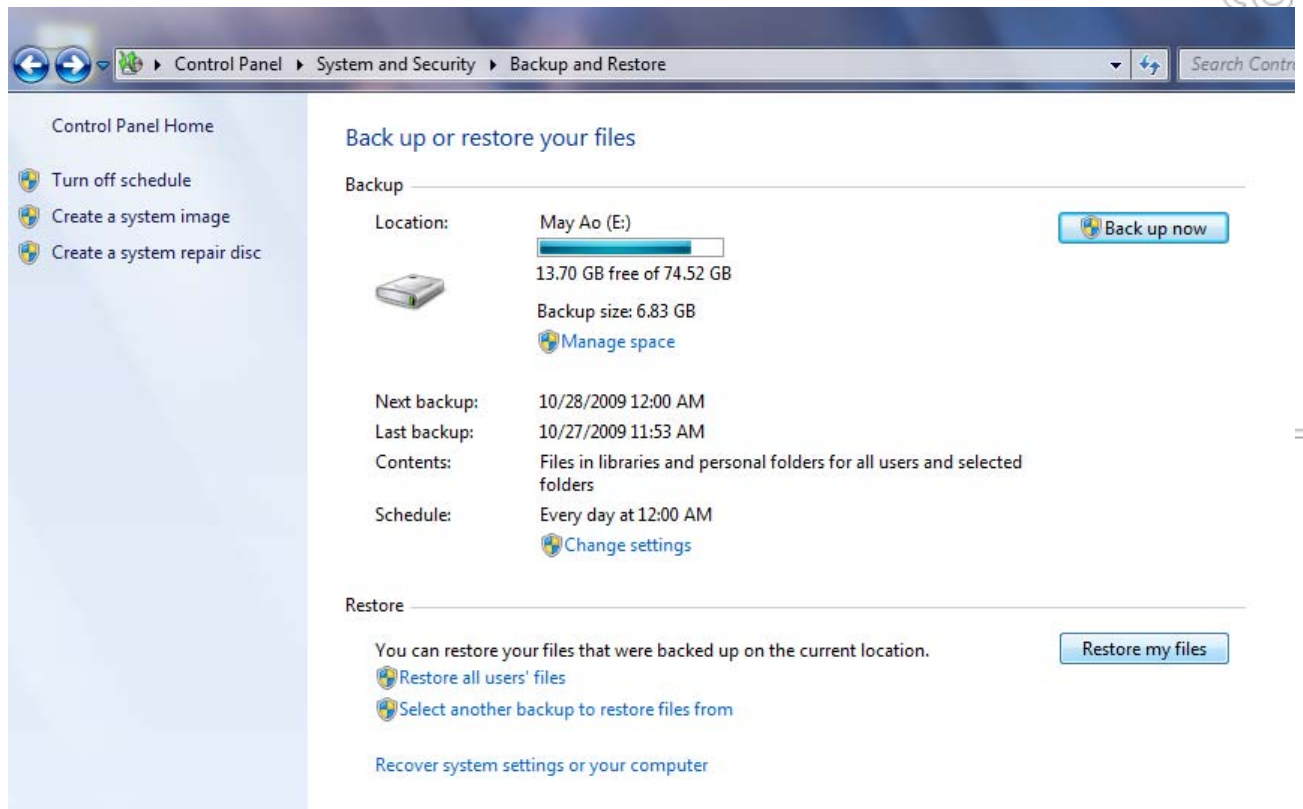
- Hệ thống tự động backup lần đầu tiên



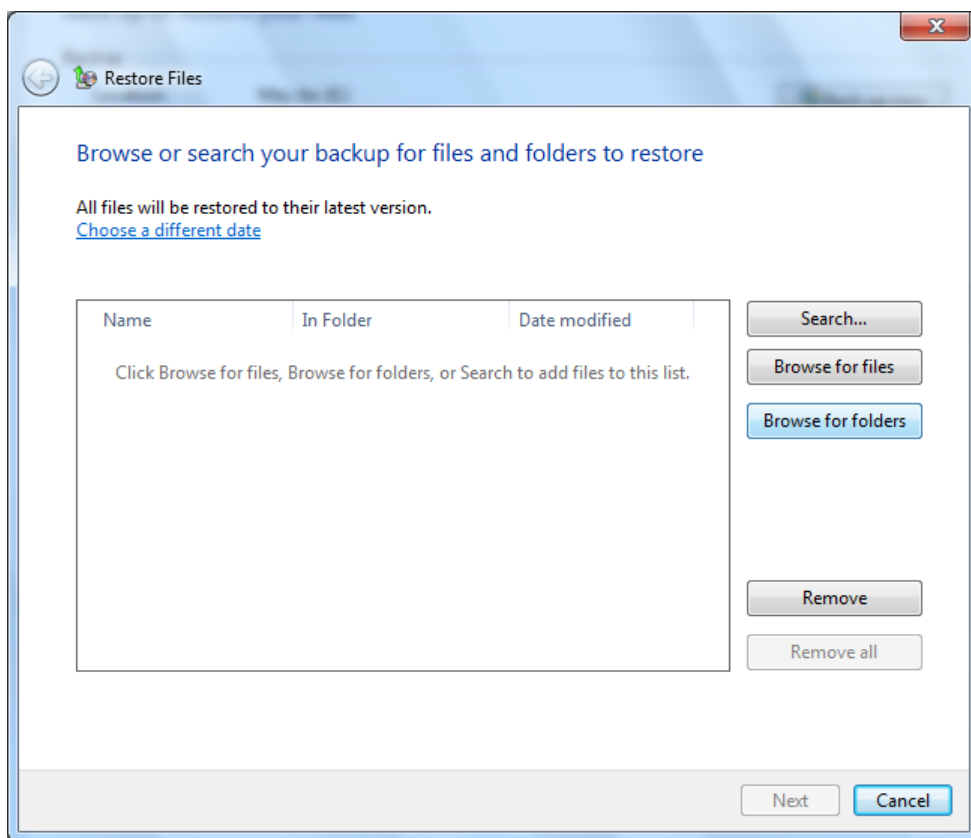
- Giả lập bị mất dữ liệu. Xóa thư mục DU LIEU QUAN TRONG
- Mở Control Panel → System And Security → Backup And Restore



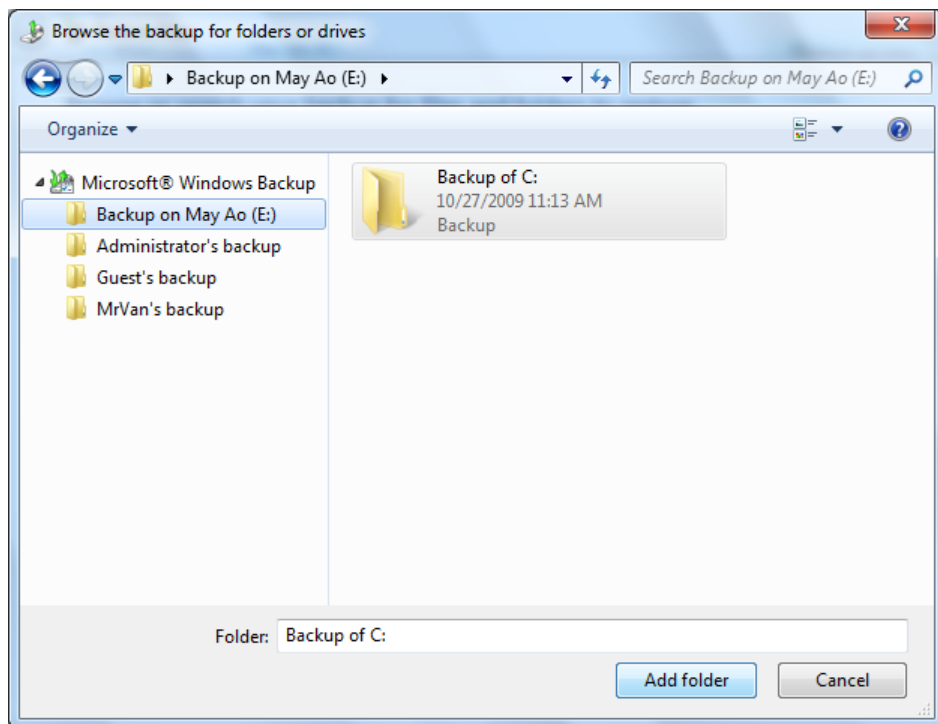
- Chọn Restore File



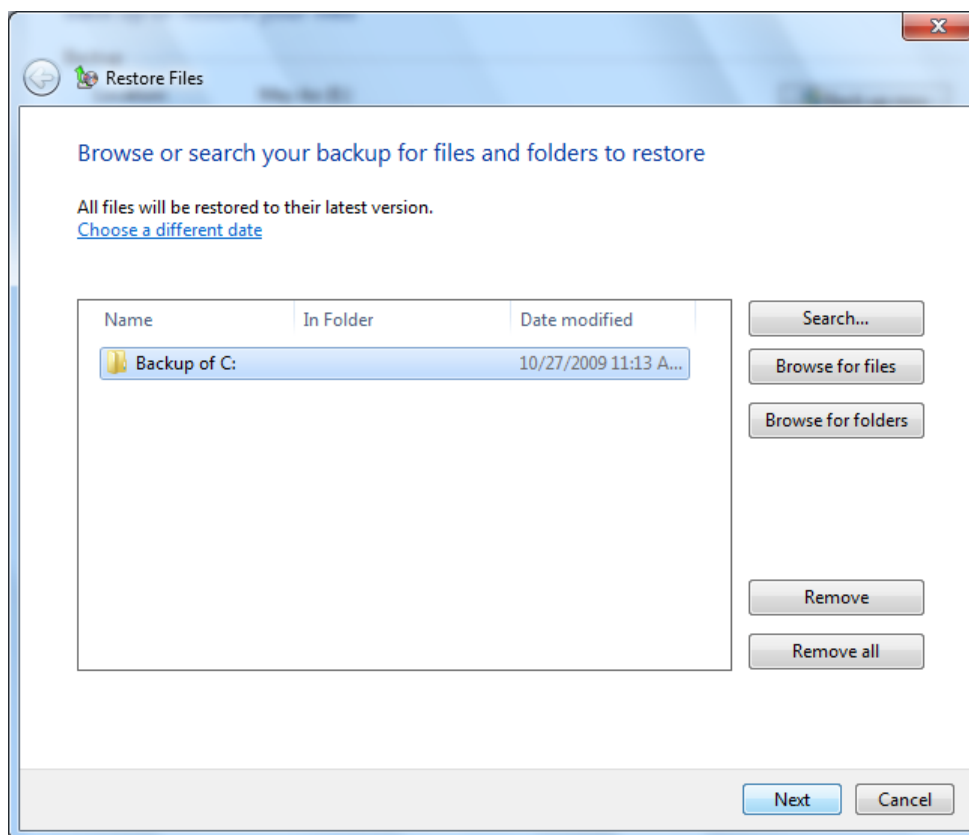
- Chọn Browse for folders



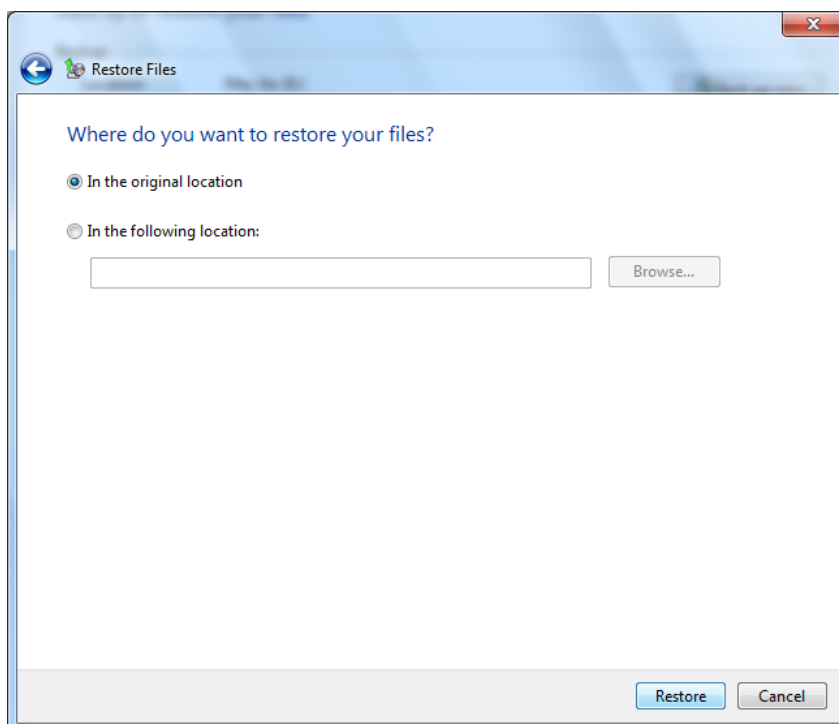
- Chọn thư mục lưu file Backup



- Next

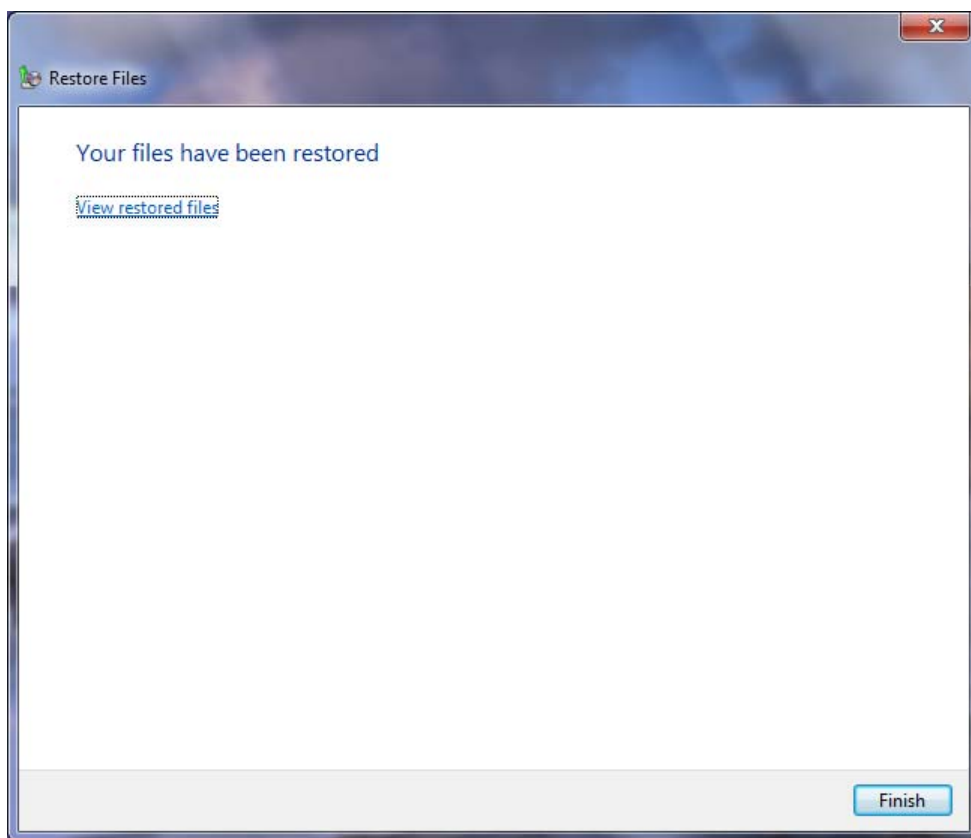


- Chọn In the original location → Restore

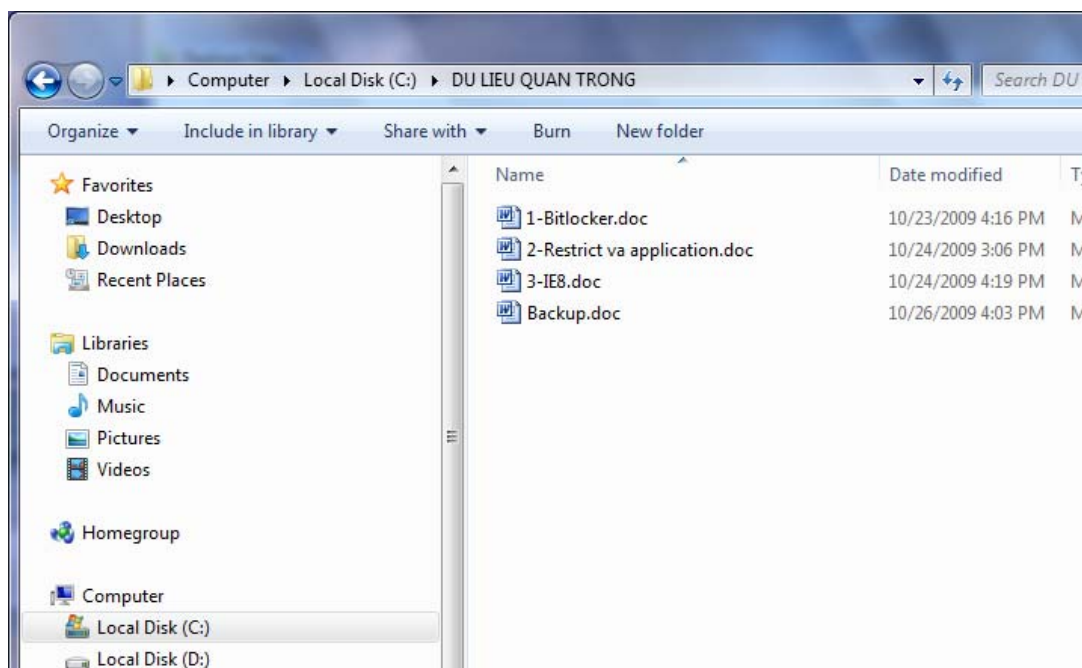


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- Quá trình Restore hoàn tất → Chọn View restored file

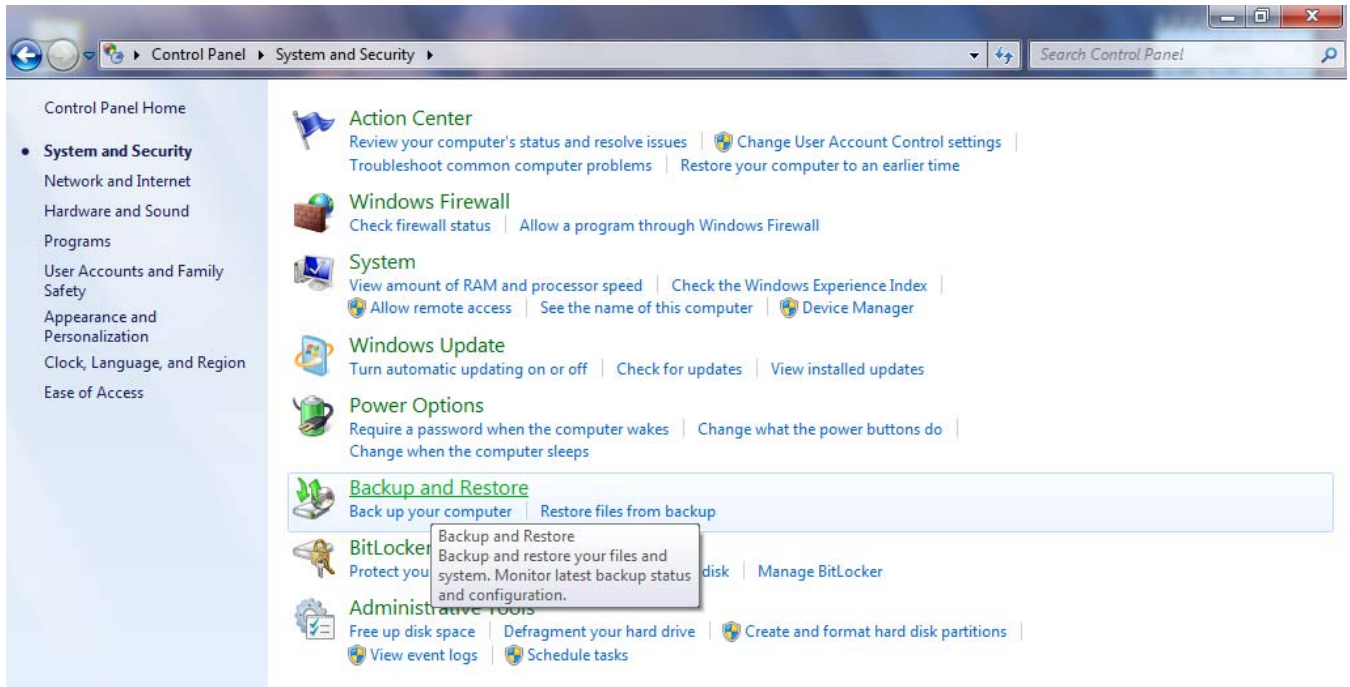


- Kiểm tra thư mục DU LIEU QUAN TRONG đã được khôi phục

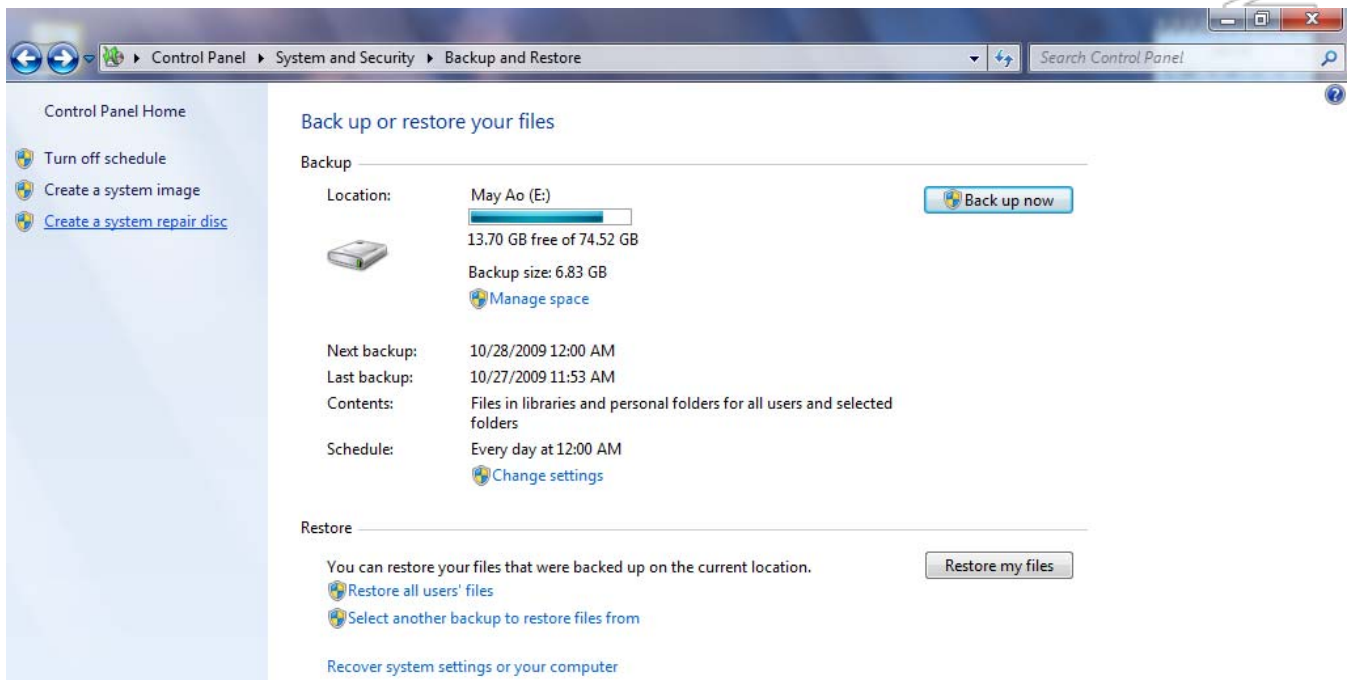


B. Tạo System Repair Disk

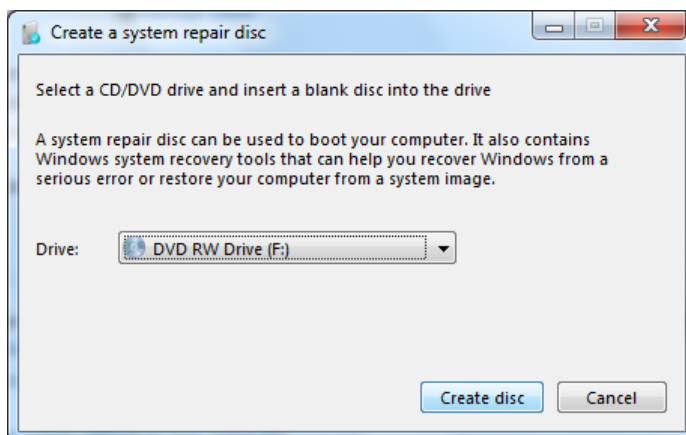
- Mở Control Panel → System and Security → Backup and Restore



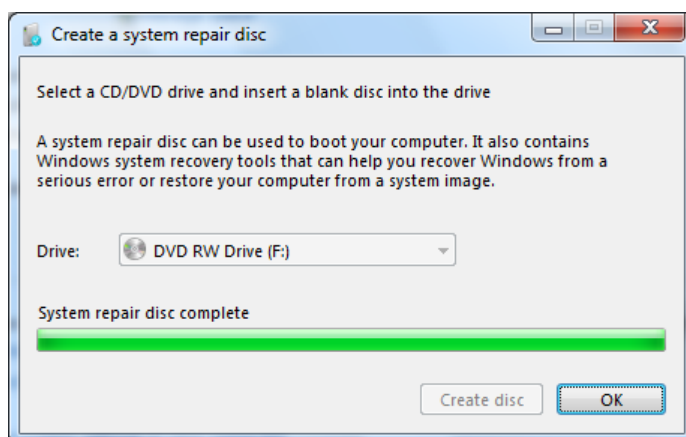
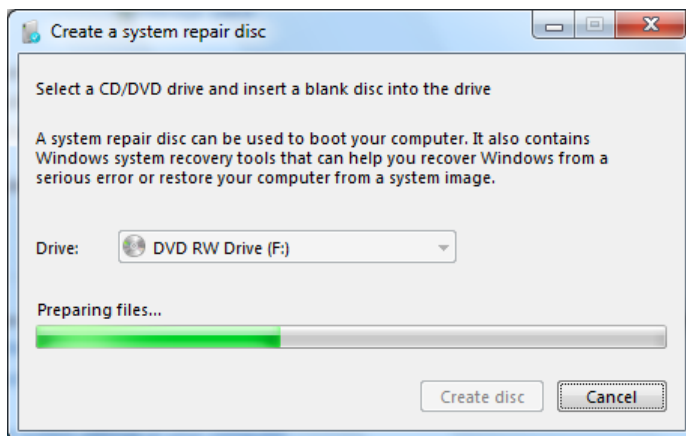
- Chọn Create A System Repair Disk



- Cho đĩa DVD trắng vào → Chọn Create Disk



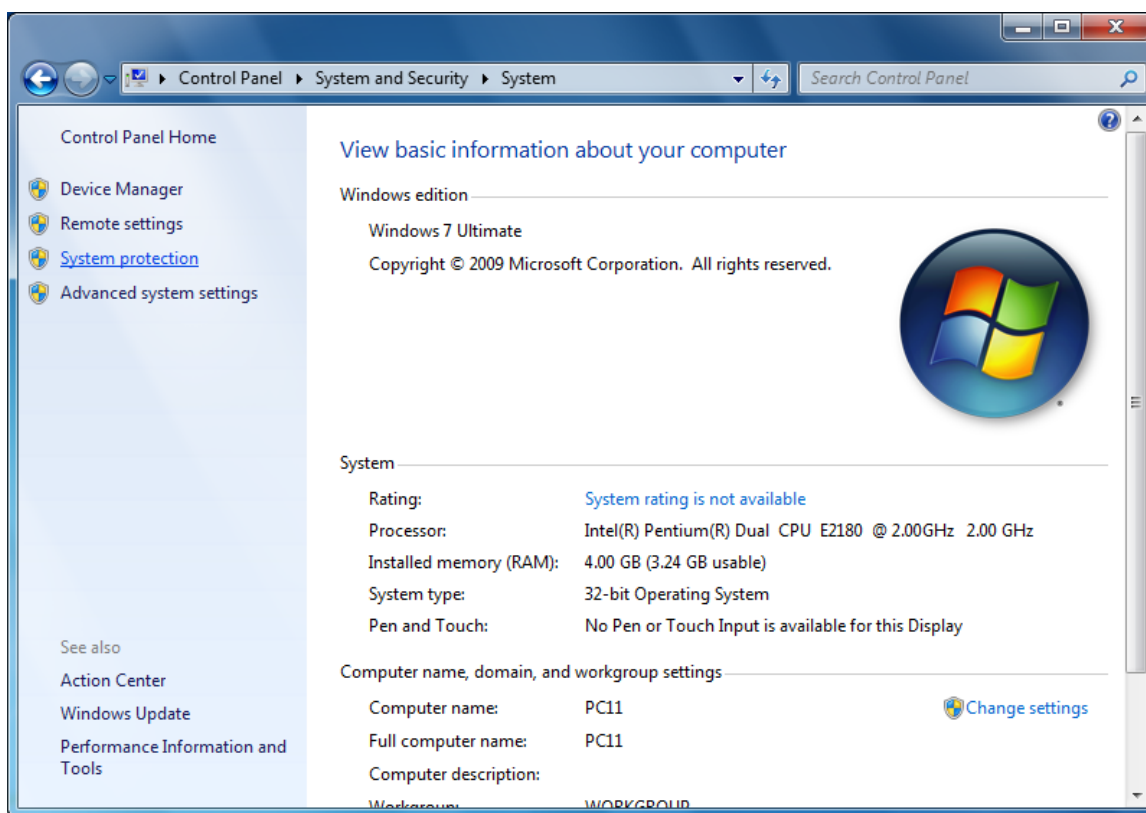
- Quá trình ghi đĩa kết thúc → Chọn OK



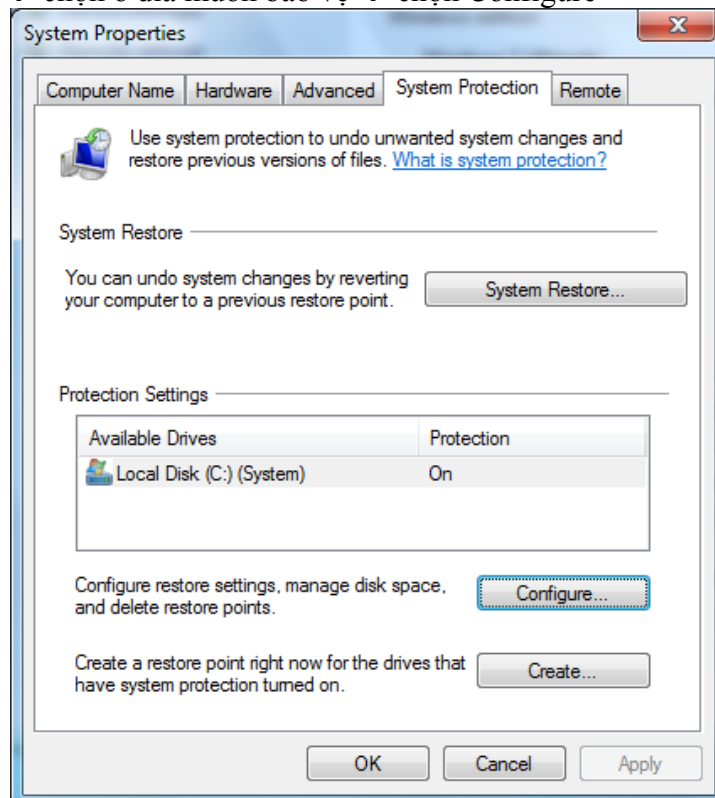
<http://www.NhatNghe.com/forum>

C. Cấu hình System Protection

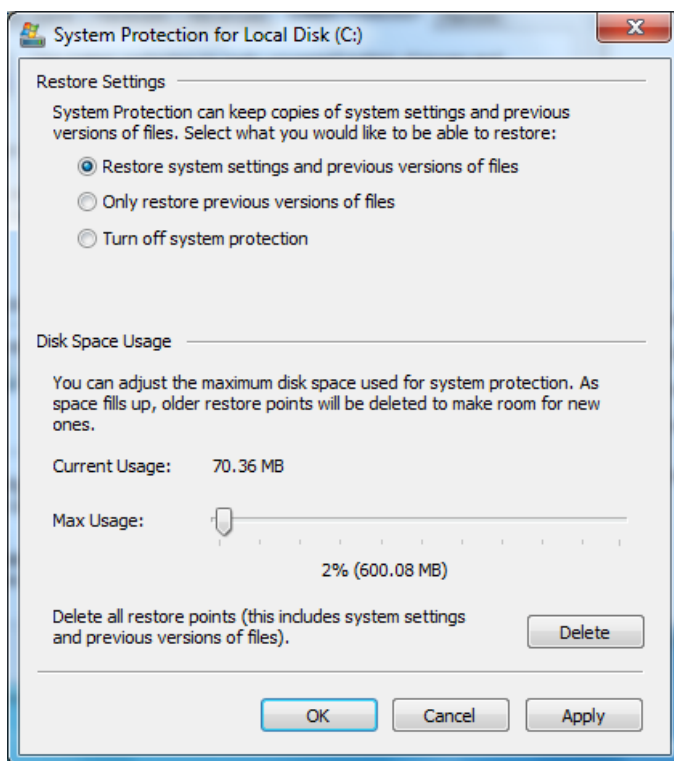
- Mở Control Panel → System And Security → System → chọn System Protection



- Tab System Protection → chọn ổ đĩa muốn bảo vệ → chọn Configure

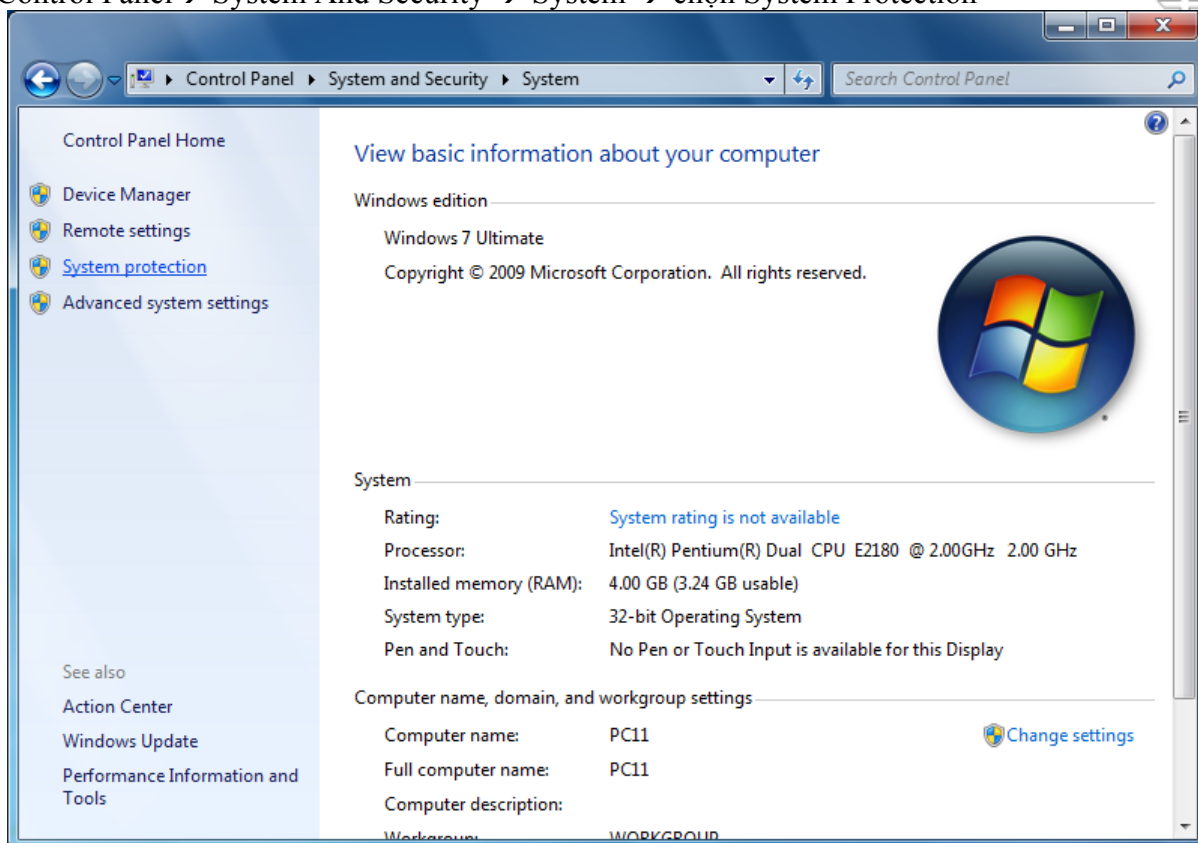


- Chọn Restore System Settings And Previous Versions Of Files → Ở mục Maximum Usage, chọn 2% → Chọn OK 2 lần.

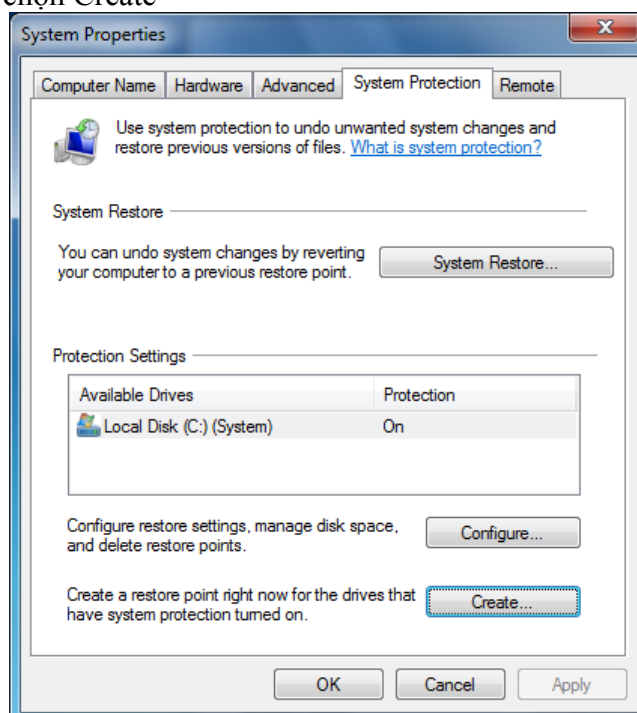


D. Tạo điểm khôi phục

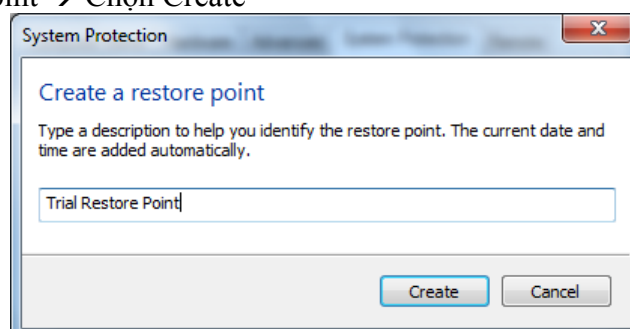
- Mở Control Panel → System And Security → System → chọn System Protection



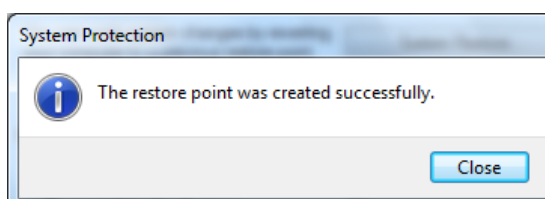
- Tab System Protection → chọn Create



- Nhập tên: Trial Restore Point → Chọn Create



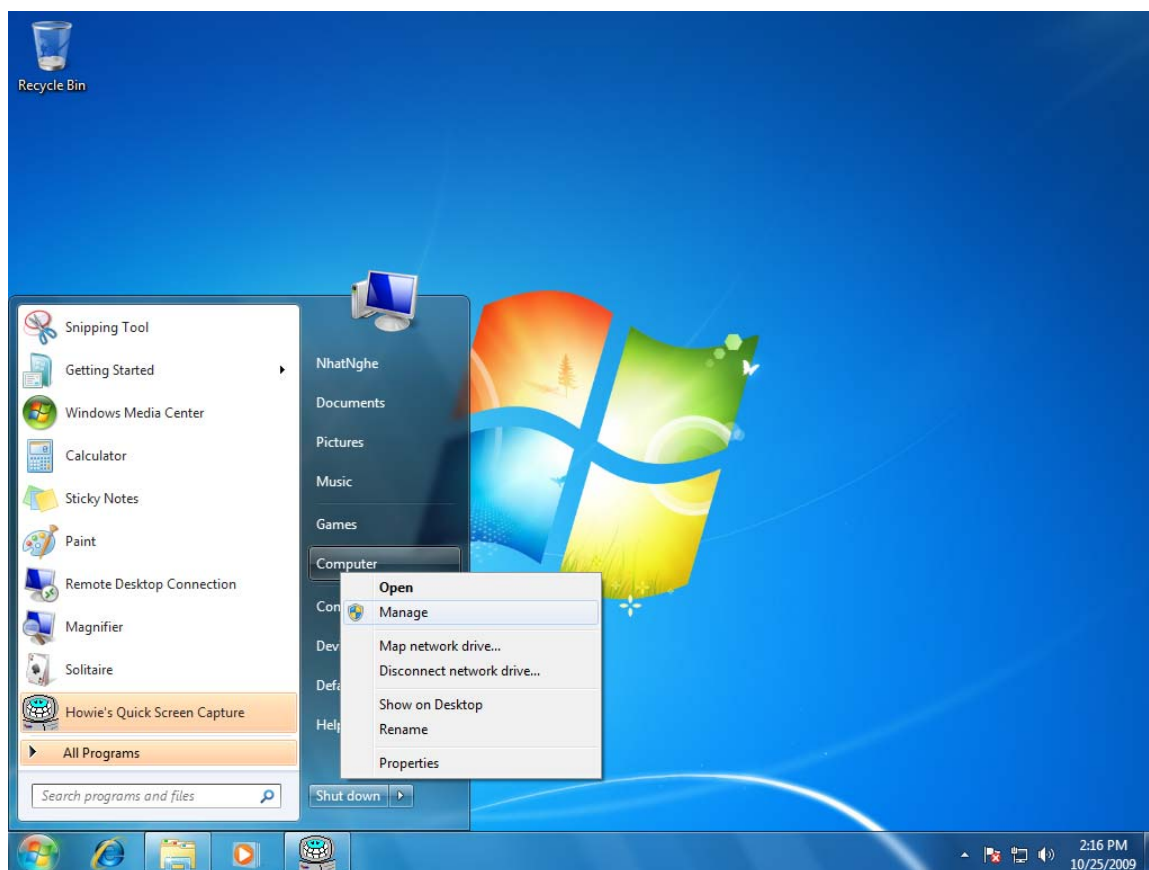
- Sau khi tạo xong, chọn Close



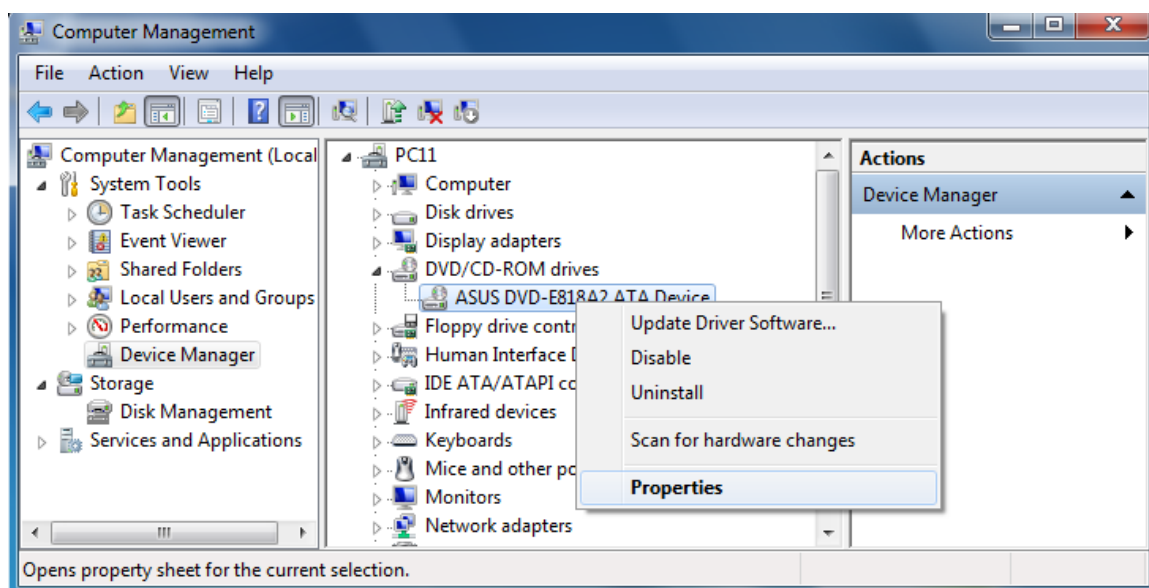
E. Kiểm tra:

1. Giả lập mất Driver

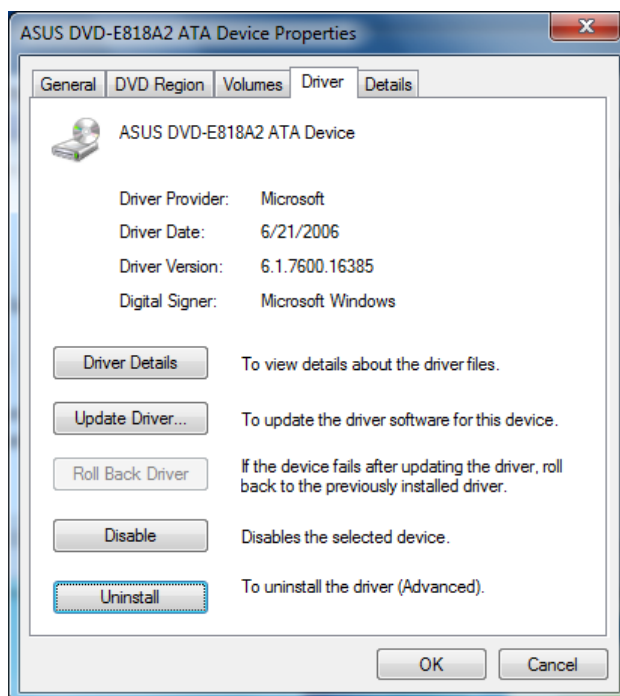
- Start → Click phải My Computer → chọn Manage



- Chọn Device Manager → Click phải Driver ASUS DVD... → chọn Properties



- Qua tab Driver → Chọn Uninstall

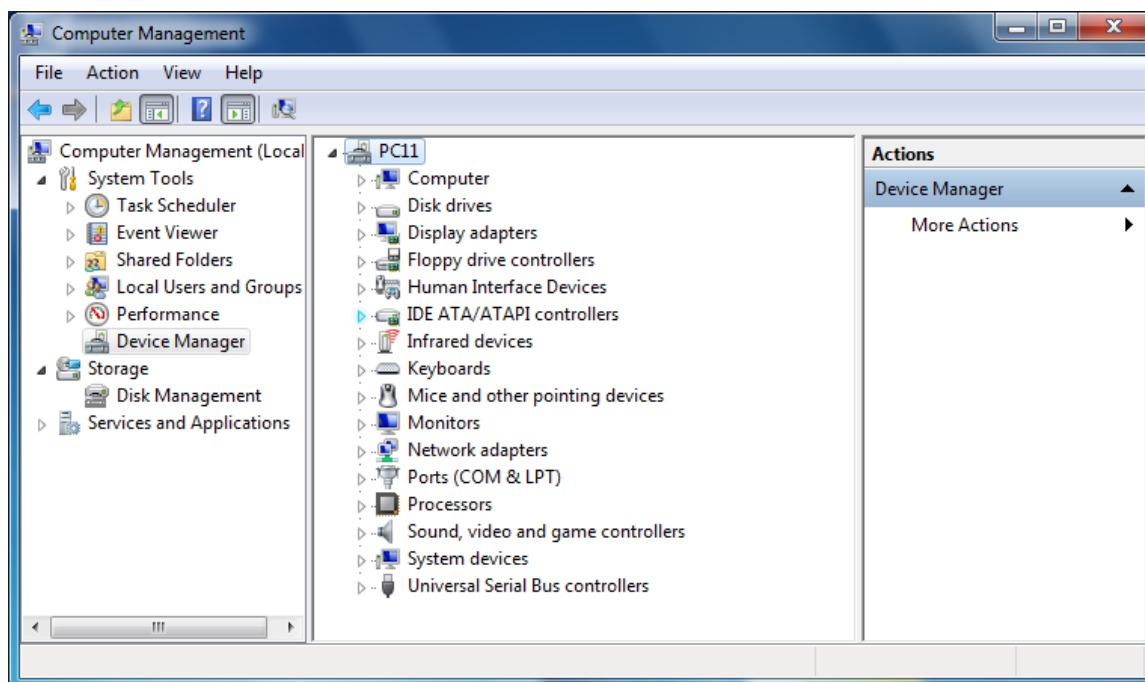


- Chọn OK



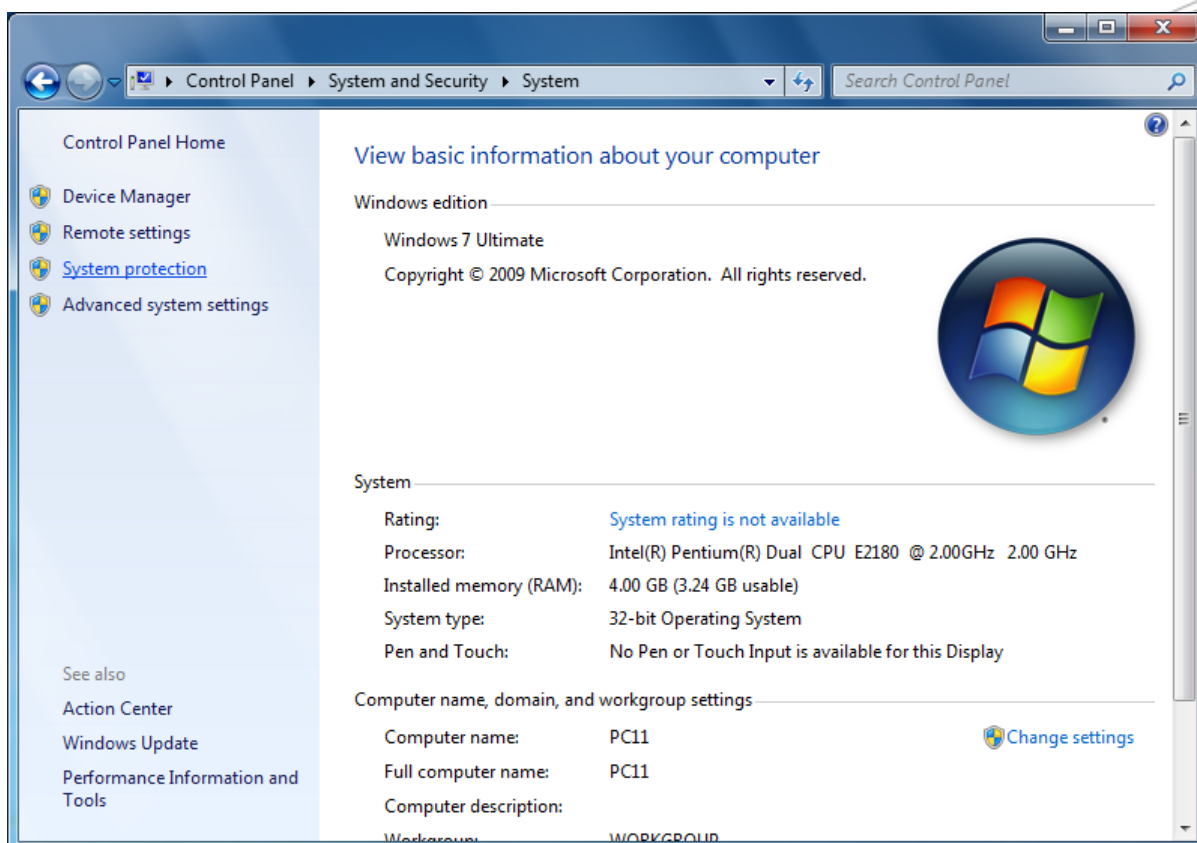
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- Quan sát thấy driver ASUS DVD không còn trong Device Manager nữa

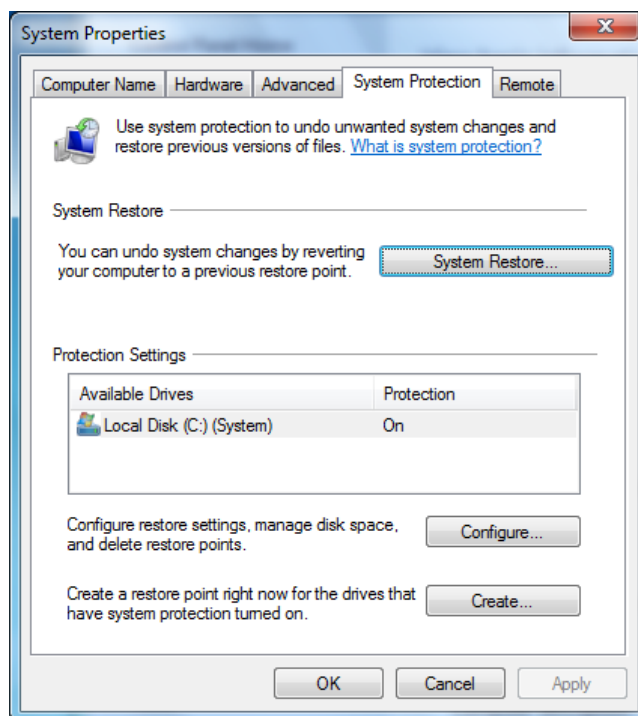


2. Khôi phục Driver

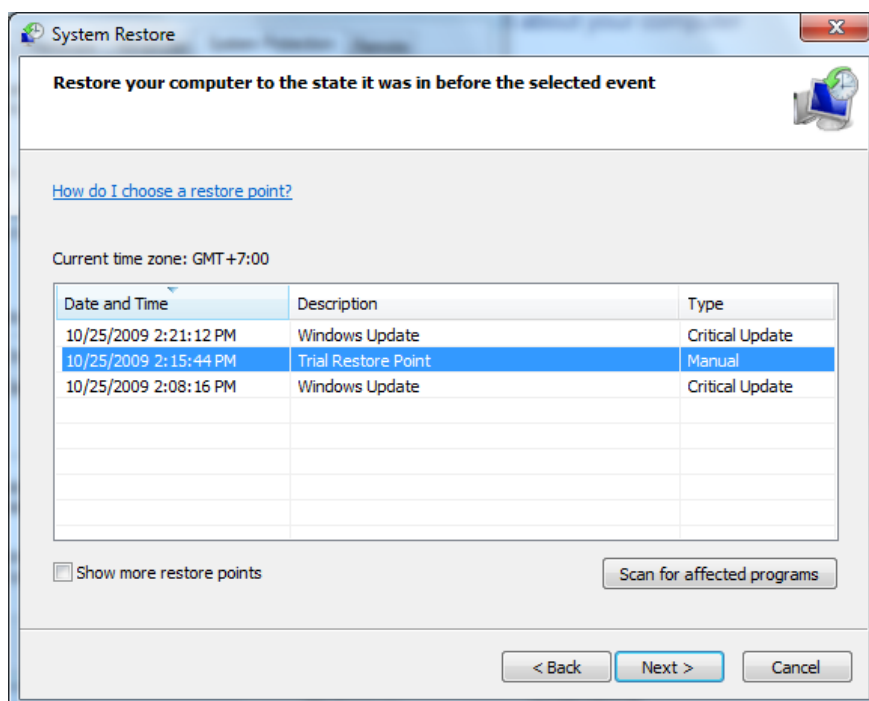
- Mở Control Panel → System And Security → System → chọn System Protection



- Qua tab System Protection → chọn System Restore

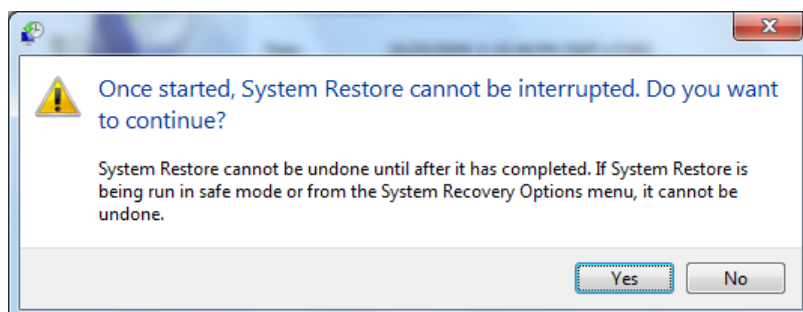


- Chọn điểm khôi phục “Trial Restore Point” → Next → Finish

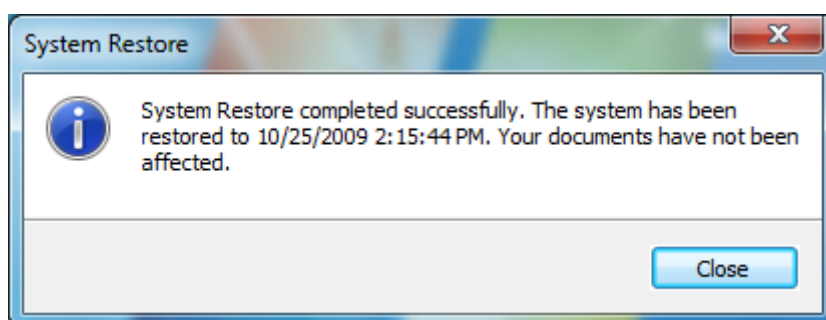


<http://www.NhatNghe.com/forum>

- Chọn Yes



- Máy tự động restart. Sau khi restart xong → chọn Close để đóng hộp thoại System Restore



- Vào lại Device Manager → Thấy đã có driver ASUS DVD...

